



CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Criterion 5

Student Support and Progression

Metric 5.1.3	Following Capacity development and skills enhancement initiatives are taken by the institution
-------------------------	---

3. Life skills

Supporting Documents

1	List of programs conducted and the number of students enrolled for each of the events
2	Copy of circular /brochure/report of the event including photographs with date and caption for each scheme or event
(Year : 2015-16)	

Year: 2015-16

List of programs conducted and the number of students enrolled

LIFE SKILLS

Sr No	Name of the capacity development and skills enhancement schemes	Number of students enrolled	Page No.
1	Yoga Awareness Program	100	1
2	Community Awareness Program on World Stroke Day	30	10
3	Awareness talk on "Physiotherapy in Women's Health"	21	15
4	Seminar on High risk infants and ICU management	100	20
5	National Nutrition week celebration on "Better Nutrition Key to Development"	174	31
6	Continued Nursing Education on Standard Safety Precaution	205	50
7	Poster Exhibition on World Mental Health Day	57	63

Ashok & Rita Patel Institute of Physiotherapy

YOGA AWARENESS PROGRAM

Date: 27th July , 2015

Dr. Nilima Patel

Senior lecturer,

College of Physiotherapy,

S.S.G. Hospital, Vadodara

Vadodara.



**CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)**



Report

Yoga awareness program

IQAC & Department of Musculoskeletal Physiotherapy, ARIP

Awareness program, entitled “**Yoga in Physiotherapy**” was organized by **Department of Musculoskeletal Physiotherapy** with support of **IQAC, ARIP** on **27th July, 2015** by **Dr. Nilima Patel (PT), PhD**, Senior lecturer at College of Physiotherapy, S.S.G. Hospital, Vadodara. She has around 32 years of clinical & teaching experience in the field of physiotherapy. She has done Yoga Certificate Course from M.S. Institute of Research in Yoga with Special Merit & has also completed Yoga Teacher's Training Course from there with the Best student Award. She has authored the book "YOGA AND REHABILITATION". She regularly holds workshops and seminars on PHYSIO YOGA across the country.



Picture 1: Facilitation of Speaker by Principal Sir

Around 100 participants have attended this seminar & learnt the various concepts of yoga which are useful in physiotherapy field. She started the session with introduction about yoga and explained importance of yoga in physiotherapy

field. She has given emphasis on biomechanical positions adopted during different asana under Hatha Yog. She has elaborated various asana & along with theoretical session she conducted practical for those asana, too.



Picture 2: Explanation through PPT

This is one of the steps from institute to create awareness among students about yoga which will be useful in future to conduct workshops or advanced courses in it. This seminar has proved to be useful to the attendees as they have grabbed knowledge regarding different aspects of yoga which are helpful to them in their academics as well as in managing patients.



Picture 3: Demonstration session by involving participants

**Principal
Dr. M. Balaganathy**

List of student attended Seminar on 27th July , 2015 @ARIP

Sr. No.	ID NO	Student Name	MOBILE	Email
1	15MPTMS101	BHATT KOMAL CHETAN	9898174441	kcbhatt.11@gmail.com
2	15MPTMS102	DAKORIA DHWANI DEEPAK	8141525619	dhwanidakoria1905@gmail.com
3	15MPTMS103	JARIWALA NEHA JANAK	8141146049	jariwala.neha0612@gmail.com
4	15MPTMS104	KANSARA TWISHA SUNIL	9712022322	twishakansara22@gmail.com
5	15MPTNS101	GANDHI ADITI VINODBHAI	9426757716	aditigandhi96@gmail.com
6	14MPTCS201	JOSHI PARITA MANOJBHAI	9690421209	joshiparita235@gmail.com
7	15MPTCS101	NARIYA DARSHANABEN MADHAVJIBHAI	9825832602	nariyadarshana@yahoo.com
8	14MPTRE201	PATEL HEJAL PRAVINBHAI	9638145483	hejalp8@gmail.com
9	15MPTRE101	RATHOD SONAL HARSHADBHAI	9558974756	sonalrathod8192@gmail.com
10	14MPTWH201	KAPADIA VAISHALI BHUPATBHAI	9898091478	vaishu.kapadia@gmail.com
11	15MPTSS101	SAILOR SNEHA KISHANBHAI	8690420543	snehasailor8@gmail.com
12	15MPTMS201	THAKKAR MITVA ARVINDBHAI	7048294173	mitvathakkar077@gmail.com
13	14MPTWH101	SHAH KOMALBEN HIMANSHUBHAI	9974663642	drkomalshah143@gmail.com
14	14MPTMS101	PATEL NIKITA JAYANTBHAI	9429182894	nikita99patel@gmail.com
15	11BPT023	KATARIYA KALPESHBHAI RAJABHAI	9913631182	kalpeshkataria@gmail.com
16	12BPT001	ADAVALIYA PAYALBEN DHANJIBHAI	9687657735	payaladavaliya1694@gmail.com
17	12BPT002	AMIN DEVAL JANAKKUMAR	8734082372	deval.amin12@gmail.com
18	12BPT003	BHATI APEXA ASHOKSINH	9409179007	apexa42@gmail.com
19	12BPT004	BHAYANI SHEETAL RUSTAM	9428381404	bhayanisheetal93@gmail.com
20	12BPT005	BHOI JUHIBEN	7574008700	juhimistry@yahoo.com

		PARESHKUMAR		
21	12BPT006	BIRHADE RUCHIKA SURESH	8000680615	birhaderuchika@gmail.com
22	12BPT007	CHAUDHARI KRISHNA MANILAL	9408406944	krishnapatel175@gmail.com
23	12BPT008	CHAVDA KAJALBEN RAMESHBHAI	9724745459	kaju0036@gmail.com
24	12BPT009	CRISTI NEEL SANJAYKUMAR	9033465685	neelcristi143@gmail.com
25	12BPT010	DAYANI DAKSHABEN RAMESHBHAI	9428632267	daksha_dayani@yahoo.com
26	12BPT011	DESAI NIDHIBEN GHANSHYAMBHAI	9714701967	nidhidesai64@gmail.com
27	12BPT012	DHYANI PARITA PINGESHKUMAR	9638466794	paridhyani510@gmail.com
28	12BPT013	JOSHI KRUPA UMESHBHAI	9099539803	rocking_krupa@yahoo.com
29	12BPT014	KAKA DHRUVI VINOD	7359261994	dhrusmuvi@yahoo.co.in
30	12BPT015	MACHHI PINAL BHAGVANDAS	9624967933	pinu.machhi1086@gmail.com
31	12BPT016	MAHLA RUJUTA RATILAL	8140058158	rujutamahla25@gmail.com
32	12BPT018	PANCHAL ANISHA SUNILKUMAR	9173044055	anishapanchal30@gmail.com
33	12BPT019	PANCHAL PREKSHABAHEN BHARATBHAI	8401734978	PANCHALPREKSHA108@GMAIL.COM
34	12BPT020	PANCHOLI HELIBEN BHADRESHBHAI	7359132114	helipancholi2132@gmail.com
35	12BPT021	PAREKH ANJALI KIRANKUMAR	7041963105	anjiparekh07@gmail.com
36	12BPT022	PARIKH AASHKA AMITBHAI	9601868361	aashka_parikh2000@yahoo.com
37	12BPT024	PARMAR RINCYBEN RAJNIKANT	8401063219	rincyparmar45@gmail.com
38	12BPT026	PATEL ARCHNA DINESHBHAI	9909543820	archujatinpatel@gmail.com
39	12BPT027	PATEL ARTIBEN SOMABHAI	7698166162	arti.patel0027@gmail.com
40	12BPT028	PATEL BANSARIBEN PARESHBHAI	7203886726	bansaripatel266@yahoo.com
41	12BPT029	PATEL BHARGAVIBAHEN DASHRATHRAY	9714868546	patelbhargavi099@gmail.com

42	12BPT031	PATEL DHARTI RAJESHKUMAR	8347595301	dhartipatel152@gmail.com
43	12BPT032	PATEL DHRUMILKUMAR VIRENDRABHAI	8128423144	p_dharam143@yahoo.com
44	12BPT033	PATEL DHRUVIBEN ARVINDBHAI	8000048685	pateldhruvi2411@gmail.com
45	12BPT034	PATEL DHWANIKA RAJESHKUMAR	9913840115	dhwanika178@yahoo.in
46	12BPT035	PATEL DIVYAKUMARI RAJENDRABHAI	8306926852	divyapatel8689@gmail.com
47	12BPT036	PATEL DRASHTI SANJAYKUMAR	8511128139	patel_4395@yahoo.com
48	12BPT037	PATEL DRASHTIKUMARI JAYESHBHAI	8490950086	drashtipatel6793@gmail.com
49	12BPT040	PATEL HELI PIYUSHBHAI	9408724395	heartly280705@gmail.com
50	12BPT041	PATEL HIMANI YOGESHBHAI	9624778075	patelhimani22@gmail.com
51	12BPT042	PATEL KHUSHBUBEN UPENDRAKUMAR	8347424855	khushbupatel27395@gmail.com
52	12BPT043	PATEL KHYATI RAMESHBHAI	9638858768	khyati1994patel@gmail.com
53	12BPT045	PATEL KRUPABEN VIPINBHAI	9601446959	krups.patel.kp21@gmail.com
54	12BPT046	PATEL KRUPAL GOVINDBHAI	9825221436	kgp7495@gmail.com
55	12BPT047	PATEL MANSI KALPESHKUMAR	7802991263	mansipatel2695@yahoo.com
56	12BPT050	PATEL NIRALIBEN BIPINCHANDRA	9586177583	nilupatel9431@gmail.com
57	12BPT052	PATEL PANKTI ASHOK	9904462698	pinks8958@gmail.com
58	12BPT053	PATEL PANKTI DAMJIBHAI	7874813185	panktisurani.d.1994@gmail.com
59	12BPT055	PATEL PRIYABAHEN CHANDRAKANTBHAI	8140880711	piyu.c.172@gmail.com
60	12BPT056	PATEL RIYA PRAKASHKUMAR	7874106655	riyapatel237@gmail.com
61	12BPT057	PATEL SEJALBEN NAVINCHANDRA	9601356909	sejal1294@gmail.com
62	12BPT058	PATEL SHRUTI	9825204589	patelshruti.sp@gmail.com

		MAHESHBHAI		
63	12BPT059	PATEL TRUSHABEN PANKAJKUMAR	9408599094	appatel1997@yahoo.com
64	12BPT060	PATEL TULSIBEN DIPAKBHAI	8155873940	tulsi.patel37@yahoo.in
65	12BPT062	PATEL VRAJ RAKESHKUMAR	9924315138	vrajdpdp@gmail.com
66	12BPT064	PRAJAPATI JINALI JAGADISHBHAI	9974865920	jinalidalwadi@gmail.com
67	12BPT065	PUROHIT ROSHANIBEN NALINCHANDRA	8487891957	roshanipurohit07@gmail.com
68	12BPT066	RATHAVA VIMALKUMAR VIKRAMBHAI	9727806866	vvathava@gmail.com
69	12BPT067	RATHVA ANKITA FATESINHBHAI	9537111396	ankirathva6727@gmail.com
70	12BPT068	SHAH DISHABEN KANAIYALAL	9157336284	dshshah7.dsh@gmail.com
71	12BPT069	SHAH FORAMBEN KALPESHKUAR	9408357110	forampetlad@gmail.com
72	12BPT070	SHAH JANKI BHASKARBHAI	7874187387	shahjanki94@gmail.com
73	12BPT071	SHAH PRACHI VIJAYBHAI	7567097807	prachishah1441@gmail.com
74	12BPT072	SHAH SHAILY JIGNASHUBHAI	9825322530	shaillyshah.ss18@gmail.com
75	12BPT074	SHASTRI HIREN AJITBHAI	9825285255	hirenshastri74@yahoo.com
76	12BPT075	SHETH DHRUVI CHETAN	9974846495	dhr281995@gmail.com
77	12BPT076	SONI HANI NITEENKUMAR	7567759569	hanisoni2@gmail.com
78	12BPT077	SUTHAR PALAK DASHARATHBHAI	7874715009	suthar_palak105@yahoo.com
79	12BPT078	SWADAS NIRJA PRASHANT	9408597325	nirjaswadas@gmail.com
80	12BPT079	TADVI NEELAMBEN MATHURBHAI	8690554569	nandu.tadvi@gmail.com
81	12BPT080	TRIVEDI JIGNA CHANDRASHEKHAR	8128268356	jigna_trivedi13@yahoo.com
82	12BPT081	TRIVEDI KHUSHBU BHARATBHAI	9909764570	khushbutrivedi64@yahoo.com
83	12BPT082	VORA HINAKAUSHAR GULAMBHAI	9173201364	charm.heena@gmail.com

84	12BPT039	PATEL EKTABEN SUNILKUMAR	9974288563	aeshap15@gmail.com
85	12BPT044	PATEL KRETABEN GAJENDRAKUMAR	7575071169	kreta.patel1202@gmail.com
86	12BPT048	PATEL NEEL MAHESHKUMAR	9173637869	neelp7820@gmail.com
87	12BPT049	PATEL NIDHIBEN PRADIPBHA	9426583512	nikipatel51194@gmail.com
88	12BPT051	PATEL NISHITABEN KANDARPBHA	9586160500	nishitapatel.284@gmail.com
89	12BPT054	PATEL PELAV VASANTBHA	9638858768	pelav.patel@yahoo.com
90	12BPT061	PATEL VIRAJKUMAR KIRITBHA	9662141527	viraj.vkp95@gmail.com
91	12BPT063	PRAJAPATI JANKIBEN JAGDISHBHA	8866805031	jaanki190577@gmail.com
92	12BPT073	SHAH SHIVANI SURESHBHA	8160503821	shah34829@gmail.com
93	13BPT001	ACHARYA BANSI MAHESHBHA	9408452088	acharyabansi1@gmail.com
94	13BPT002	ACHARYA RUCHA NILESHKUMAR	9427618089	rucha1195@gmail.com
95	13BPT003	AMIN MAUSAM SHANTILAL	7405183738	mausamamin795@gmail.com
96	13BPT004	BHELKA TRUPTI UTTAMBHA	9924446453	truptibelka082@gmail.com
97	13BPT008	UTSAVI T CHAUHAN	7574867178	jennythestar85@gmail.com
98	13BPT009	CHHAYA KAVISHA PRANAV	9033227132	kavishachhaya@yahoo.in
99	13BPT011	DESAI ANUSHREE ASHISHBHA	9409656668	desaianu96@gmail.com
100	13BPT012	DESAI MAMATABEN RAYMALBHA	8488051301	monadesai2011@gmail.com

Principal
Dr. M. Balaganapathy



CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Ashok & Rita Patel

Institute of Physiotherapy



Ashok and Rita Patel
Institute of Physiotherapy

COMMUNITY AWARENESS PROGRAM

on

World Stroke Day

Date: 29.10.2015

Time: 9 am onwards

@

**Village: Changa, Valetva, Maehlav,
Padghol, Demol**



Report on ARIP's World Stroke Day event on 29th October 2015

Stroke is one of the leading causes of disability in India (especially in the rural region) and across the world. Physiotherapists play a major role in reducing the burden of illness on public health due to stroke. Four out of five strokes occur in low and middle income countries who can least afford to deal with the consequences of stroke. If nothing is done, the predicted number of people who will die from stroke will increase to 6.7 million each year by 2015. Six million deaths could be averted over the next 10 years if what is already known is applied.



Picture 1: Screening sessions

The faculties and the students of ARIP have organized WORLD STROKE DAY in six villages: *Changa, Valetva, Maehlav, Padghol, Demol and Demol* on 29th October 2015. As part of this event we set up blood pressure measurement booths, education and counseling about Stroke awareness and Physical activity promotion among the residents of villages. Overall **207 participants** have attended our camp. It was handled by 14 M.P.T. and 16 B.P.T. Student; in total 30 students participated in the event. This event was successful in achieving our

objectives of reaching out to the community and helping them understand about the stroke, need for rehabilitation (Physiotherapy) and preventive measures.

Our entire stroke day event details are included in the official website of World Stroke Campaign ([http://www.worldstrokecampaign.org/india 2015/973-india-anand-changa-stroke-day-2015.html](http://www.worldstrokecampaign.org/india%202015/973-india-anand-changa-stroke-day-2015.html)) created by the World *Stroke Organization* (WSO). This event was jointly organized by the Department of Neurophysiotherapy and Community Physiotherapy, Ashok & Rita Patel Institute of Physiotherapy, CHARUSAT.



Picture 2: Awareness to community by students

Principal

Dr. M. Balaganapathy

**List of student attended Seminar on 29th October,
2015 @ community**

Sr. No.	ID NO	Student Name	MOBILE	Email
1	15MPTMS101	BHATT KOMAL CHETAN	9898174441	kcbhatt.11@gmail.com
2	15MPTMS102	DAKORIA DHWANI DEEPAK	8141525619	dhwanidakoria1905@gmail.com
3	15MPTMS103	JARIWALA NEHA	8141146049	jariwala.neha0612@gmail.com
4	15MPTMS104	KANSARA TWISHA	9712022322	twishakansara22@gmail.com
5	15MPTNS101	GANDHI ADITI	9426757716	aditigandhi96@gmail.com
6	14MPTCS201	JOSHI PARITA	9690421209	joshiparita235@gmail.com
7	15MPTCS101	NARIYA DARSHANABEN	9825832602	nariyadarshana@yahoo.com
8	14MPTRE201	PATEL HEJAL	9638145483	hejalp8@gmail.com
9	15MPTRE101	RATHOD SONAL	9558974756	sonalrathod8192@gmail.com
10	14MPTWH201	KAPADIA VAISHALI	9898091478	vaishu.kapadia@gmail.com
11	15MPTSS101	SAILOR SNEHA KISHANBHAI	8690420543	snehasailor8@gmail.com
12	15MPTMS201	THAKKAR MITVA	7048294173	mitvathakkar077@gmail.com
13	14MPTWH101	SHAH KOMALBEN	9974663642	drkomalshah143@gmail.com
14	14MPTMS101	PATEL NIKITA JAYANTBHAI	9429182894	nikita99patel@gmail.com
15	11BPT023	KATARIYA KALPESHBHAI	9913631182	kalpeshkataria@gmail.com
16	12BPT001	ADAVALIYA PAYALBEN	9687657735	payaladavaliya1694@gmail.com

17	12BPT002	AMIN DEVAL JANAKKUMAR	8734082372	deval.amin12@gmail.com
18	12BPT003	BHATI APEXA ASHOKSINH	9409179007	apexa42@gmail.com
19	12BPT004	BHAYANI SHEETAL RUSTAM	9428381404	bhayanisheetal93@gmail.com
20	12BPT005	BHOI JUHIBEN	7574008700	juhimistry@yahoo.com
21	12BPT006	BIRHADE RUCHIKA	8000680615	birhaderuchika@gmail.com
22	12BPT007	CHAUDHARI KRISHNA MANILAL	9408406944	krishnapatel175@gmail.com
23	12BPT008	CHAVDA KAJALBEN	9724745459	kaju0036@gmail.com
24	12BPT009	CRISTI NEEL	9033465685	neelcristi143@gmail.com
25	12BPT010	DAYANI DAKSHABEN	9428632267	daksha_dayani@yahoo.com
26	12BPT011	DESAI NIDHIBEN	9714701967	nidhidesai64@gmail.com
27	12BPT012	DHYANI PARITA	9638466794	paridhyani510@gmail.com
28	12BPT013	JOSHI KRUPA	9099539803	rocking_krupa@yahoo.com
29	12BPT014	KAKA DHRUVI	7359261994	dhrusmuvi@yahoo.co.in
30	12BPT015	MACHHI PINAL	9624967933	pinu.machhi1086@gmail.com

Principal

Dr. M. Balaganapathy



अमृतं तु विद्या

CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

Ashok & Rita Patel
Institute of Physiotherapy



Ashok and Rita Patel
Institute of Physiotherapy

AWARENESS TALK

on

International Women's day

about

Physiotherapy in Women's Health

Date: 08.03.2016

Time: 9 am onwards

@

Changa

village at Omshanti Bhavan.



CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)

REPORT ON AWARENESS TALK AT COMMUNITY LEVEL

In order to celebrate the *International Women's day on 8th March, 2016* the **Department of Women's health & IQAC, ARIP** organized an **Awareness talk** in Changa village at Omshanti Bhavan. The main aim of the session was to address the females of the menopausal age group ie 40-55 years.



Picture 1: Talk on “How physiotherapy helps in Women’s Health”

The session started with a discussion by **Dr. Hetal Jain (PT)** incharge Department of Women's health ARIP which focused on menopausal symptoms and urinary incontinence. This was followed by a session by **Dr. Shraddha Gandhi (PT)** Tutor ARIP on Importance of physiotherapy and exercise in females. 21 students were involved in one to one session at community level

There was a practical demonstration session where the participants were taught the useful exercises and yoga. More than 40 middle age females of the village participated in the session and learnt the exercises.



Picture 2: Demonstration of various exercises for daily routine

Principal
Dr. M. Balaganapathy

List of student attended event 3rd March, 2016 @ARIP

Sr. No.	ID NO	Student Name	MOBILE	Email
1	14MPTWH201	KAPADIA VAISHALI BHUPATBHAI	9898091478	vaishu.kapadia@gmail.com
2	14MPTRE201	PATEL HEJAL PRAVINBHAI	9638145483	hejalp8@gmail.com
3	15MPTRE101	RATHOD SONAL HARSHADBHAI	9558974756	sonalrathod8192@gmail.com
4	14MPTWH101	SHAH KOMALBEN HIMANSHUBHAI	9974663642	drkomalshah143@gmail.com
5	12BPT003	BHATI APEXA ASHOKSINH	9409179007	apexa42@gmail.com
6	12BPT004	BHAYANI SHEETAL RUSTAM	9428381404	bhayanisheetal93@gmail.com
7	12BPT005	BHOI JUHIBEN PARESHKUMAR	7574008700	juhimistry@yahoo.com
8	12BPT028	PATEL BANSARIBEN PARESHBHAI	7203886726	bansaripatel266@yahoo.com
9	12BPT029	PATEL BHARGAVIBAHEN DASHRATHRAY	9714868546	patelbhargavi099@gmail.com
10	12BPT031	PATEL DHARTI RAJESHKUMAR	8347595301	dhartipatel152@gmail.com
11	12BPT032	PATEL DHRUMILKUMAR VIRENDRABHAI	8128423144	p_dharam143@yahoo.com
12	12BPT033	PATEL DHRUVIBEN ARVINDBHAI	8000048685	pateldhruvi2411@gmail.com
13	12BPT034	PATEL DHWANIKA	9913840115	dhwanika178@yahoo.in

		RAJESHKUMAR		
14	12BPT035	PATEL DIVYAKUMARI RAJENDRABHAI	8306926852	divyapatel8689@gmail.com
15	12BPT036	PATEL DRASHTI SANJAYKUMAR	8511128139	patel_4395@yahoo.com
16	12BPT001	ADAVALIYA PAYALBEN DHANJIBHAI	9687657735	payaladavaliya1694@gmail.com
17	12BPT002	AMIN DEVAL JANAKKUMAR	8734082372	deval.amin12@gmail.com
18	12BPT055	PATEL PRIYABAHEN CHANDRAKANTBHAI	8140880711	piyu.c.172@gmail.com
19	12BPT056	PATEL RIYA PRAKASHKUMAR	7874106655	riyapatel237@gmail.com
20	12BPT057	PATEL SEJALBEN NAVINCHANDRA	9601356909	sejal1294@gmail.com
21	12BPT058	PATEL SHRUTI MAHESHBHAI	9825204589	patelshrti.sp@gmail.com

Principal

Dr. M. Balaganapathy

Ashok & Rita Patel Institute of Physiotherapy

SEMINAR

on

High risk Infant & ICU management

Date: 31st October, 2015



Dr. Meeta Saxena

(BPT, PG Diploma-Sports,
Ph. D),

HOD Physiotherapy
Department, Kashiba
Hospital, Vadodara.

CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)

High Risk Infants & NICU Management

A Seminar was organized by **Department of Pediatric Physiotherapy with support of IQAC, ARIP** on **31st October, 2015** entitled 'HIGH RISK INFANT AND NICU MANAGEMENT' by **Dr. Meeta Saxena** (BPT, PG Diploma-Sports, Ph. D), HOD Physiotherapy Department, Kashiba Hospital, Vadodara. She has around 34 years of professional experience in the field of physiotherapy along with 11 publications and 2 awards being received at national conferences.

Around **100 participants** have attended this seminar from which she has covered the topics related to the characteristics of pre term & term infants and rational behind early interventional programme for high risk infants. She has also highlighted on the optimal assessment measures along with physiotherapy interventions including chest physiotherapy & developmental supportive care for these infants. Along with this theoretical background she has also provided practical demonstration on 1.5 month old baby girl who came down from Changa village.

This seminar is proved to be useful to the attendees as they have grabbed knowledge regarding the assessment protocol to be followed, to recognize the signs of stress during handling, the precautions to be taken during examination & intervention of high risk infants.



Practical Demonstration from Dr Meeta Saxena

Dr. Meeta Saxena PT PhD

Senior Consultant and HOD,
Kashiben Gordhanbhai Patel Children Hospital,
CEO and consultant Physiotherapist,
Dr. Meeta Saxena's Physiotherapy Clinic,
Vadodara



- Dr. Meeta is a Certified Neurodevelopmental technique and Sensory Integration Therapist with an experience of more than 30 years in paediatric rehabilitation.
- She has been recognized for her work at national and international conferences.
- She has been invited at various state and national platforms as key speakers.
- She has been awarded for her meritorious services and outstanding contribution to the physiotherapy profession by Dr. Brian Mulligan at the CMP International CON 2014 at Mumbai.
- She is regularly conducting workshops on Sensory Integration, Cerebral Palsy and Developmental Disorders.



CHAROTAR UNIVERSITY OF SCIENCE & TECHNOLOGY
FACULTY OF MEDICAL SCIENCES
ASHOK & RITA PATEL INSTITUTE OF PHYSIOTHERAPY
(A Constituent of CHARUSAT)



REPORT

Seminar on High Risk Infants & NICU Management

– **IQAC & Department of Pediatric Physiotherapy, ARIP**

A Seminar was organized by **Department of Pediatric Physiotherapy with support of IQAC, ARIP** on **31st October, 2015** entitled **'HIGH RISK INFANT AND NICU MANAGEMENT'** by **Dr. Meeta Saxena (BPT, PG Diploma-Sports, Ph.D), HOD Physiotherapy Department, Kashiba Hospital, Vadodara**. She has around 34 years of professional experience in the field of physiotherapy along with 11 publications and 2 awards being received at national conferences.



Picture 1: Demonstration session by resource person

Around 100 participants have attended this seminar from which she has covered the topics related to the characteristics of pre term & term infants and rational behind early interventional programme for high risk infants. She has also highlighted on the optimal assessment measures along with physiotherapy interventions including chest physiotherapy & developmental supportive care for these infants. Along with this theoretical background she has also provided practical demonstration on 1.5 month old baby girl who came down from Changa village.

This seminar is proved to be useful to the attendees as they have grabbed knowledge regarding the assessment protocol to be followed, to recognize the signs of stress during handling, the precautions to be taken during examination & intervention of high risk infants.



Picture 2: Live session with patient

Principal
Dr. M. Balaganopathy

List of student attended Seminar on 31st October , 2015 @ARIP

Sr. No.	ID NO	Student Name	MOBILE	Email
1	15MPTMS101	BHATT KOMAL CHETAN	9898174441	kcbhatt.11@gmail.com
2	15MPTMS102	DAKORIA DHWANI DEEPAK	8141525619	dhwanidakoria1905@gmail.com
3	15MPTMS103	JARIWALA NEHA JANAK	8141146049	jariwala.neha0612@gmail.com
4	15MPTMS104	KANSARA TWISHA SUNIL	9712022322	twishakansara22@gmail.com
5	15MPTNS101	GANDHI ADITI VINODBHAI	9426757716	aditigandhi96@gmail.com
6	14MPTCS201	JOSHI PARITA MANOJBHAI	9690421209	joshiparita235@gmail.com
7	15MPTCS101	NARIYA DARSHANABEN MADHAVJIBHAI	9825832602	nariyadarshana@yahoo.com
8	14MPTRE201	PATEL HEJAL PRAVINBHAI	9638145483	hejalp8@gmail.com
9	15MPTRE101	RATHOD SONAL HARSHADBHAI	9558974756	sonalrathod8192@gmail.com
10	14MPTWH201	KAPADIA VAISHALI BHUPATBHAI	9898091478	vaishu.kapadia@gmail.com
11	15MPTSS101	SAILOR SNEHA KISHANBHAI	8690420543	snehasailor8@gmail.com
12	15MPTMS201	THAKKAR MITVA ARVINDBHAI	7048294173	mitvathakkar077@gmail.com
13	14MPTWH101	SHAH KOMALBEN HIMANSHUBHAI	9974663642	drkomalshah143@gmail.com
14	14MPTMS101	PATEL NIKITA JAYANTBHAI	9429182894	nikita99patel@gmail.com
15	11BPT023	KATARIYA KALPESHBHAI RAJABHAI	9913631182	kalpeshkataria@gmail.com
16	12BPT001	ADAVALIYA PAYALBEN DHANJIBHAI	9687657735	payaladavaliya1694@gmail.com
17	12BPT002	AMIN DEVAL JANAKKUMAR	8734082372	deval.amin12@gmail.com
18	12BPT003	BHATI APEXA ASHOKSINH	9409179007	apexa42@gmail.com
19	12BPT004	BHAYANI SHEETAL RUSTAM	9428381404	bhayanisheetal93@gmail.com
20	12BPT005	BHOI JUHIBEN	7574008700	juhimistry@yahoo.com

		PARESHKUMAR		
21	12BPT006	BIRHADE RUCHIKA SURESH	8000680615	birhaderuchika@gmail.com
22	12BPT007	CHAUDHARI KRISHNA MANILAL	9408406944	krishnapatel175@gmail.com
23	12BPT008	CHAVDA KAJALBEN RAMESHBHAI	9724745459	kaju0036@gmail.com
24	12BPT009	CRISTI NEEL SANJAYKUMAR	9033465685	neelcristi143@gmail.com
25	12BPT010	DAYANI DAKSHABEN RAMESHBHAI	9428632267	daksha_dayani@yahoo.com
26	12BPT011	DESAI NIDHIBEN GHANSHYAMBHAI	9714701967	nidhidesai64@gmail.com
27	12BPT012	DHYANI PARITA PINGESHKUMAR	9638466794	paridhyani510@gmail.com
28	12BPT013	JOSHI KRUPA UMESHBHAI	9099539803	rocking_krupa@yahoo.com
29	12BPT014	KAKA DHRUVI VINOD	7359261994	dhrusmuvi@yahoo.co.in
30	12BPT015	MACHHI PINAL BHAGVANDAS	9624967933	pinu.machhi1086@gmail.com
31	12BPT016	MAHLA RUJUTA RATILAL	8140058158	rujutamahla25@gmail.com
32	12BPT018	PANCHAL ANISHA SUNILKUMAR	9173044055	anishapanchal30@gmail.com
33	12BPT019	PANCHAL PREKSHABAHEN BHARATBHAI	8401734978	PANCHALPREKSHA108@ GMAIL.COM
34	12BPT020	PANCHOLI HELIBEN BHADRESHBHAI	7359132114	helipancholi2132@gmail.com
35	12BPT021	PAREKH ANJALI KIRANKUMAR	7041963105	anjiparekh07@gmail.com
36	12BPT022	PARIKH AASHKA AMITBHAI	9601868361	aashka_parikh2000@yahoo.c om
37	12BPT024	PARMAR RINCYBEN RAJNIKANT	8401063219	rincyparmar45@gmail.com
38	12BPT026	PATEL ARCHNA DINESHBHAI	9909543820	archujatinpatel@gmail.com
39	12BPT027	PATEL ARTIBEN SOMABHAI	7698166162	arti.patel0027@gmail.com
40	12BPT028	PATEL BANSARIBEN PARESHBHAI	7203886726	bansaripatel266@yahoo.com
41	12BPT029	PATEL BHARGAVIBAHEN DASHRATHRAY	9714868546	patelbhargavi099@gmail.com

42	12BPT031	PATEL DHARTI RAJESHKUMAR	8347595301	dhartipatel152@gmail.com
43	12BPT032	PATEL DHRUMILKUMAR VIRENDRABHAI	8128423144	p_dharam143@yahoo.com
44	12BPT033	PATEL DHRUVIBEN ARVINDBHAI	8000048685	pateldhruvi2411@gmail.com
45	12BPT034	PATEL DHWANIKA RAJESHKUMAR	9913840115	dhwaniika178@yahoo.in
46	12BPT035	PATEL DIVYAKUMARI RAJENDRABHAI	8306926852	divyapatel8689@gmail.com
47	12BPT036	PATEL DRASHTI SANJAYKUMAR	8511128139	patel_4395@yahoo.com
48	12BPT037	PATEL DRASHTIKUMARI JAYESHBHAI	8490950086	drashtipatel6793@gmail.com
49	12BPT040	PATEL HELI PIYUSHBHAI	9408724395	heartly280705@gmail.com
50	12BPT041	PATEL HIMANI YOGESHBHAI	9624778075	patelhimani22@gmail.com
51	12BPT042	PATEL KHUSHBUBEN UPENDRAKUMAR	8347424855	khushbupatel27395@gmail.com
52	12BPT043	PATEL KHYATI RAMESHBHAI	9638858768	khyati1994patel@gmail.com
53	12BPT045	PATEL KRUPABEN VIPINBHAI	9601446959	krups.patel.kp21@gmail.com
54	12BPT046	PATEL KRUPAL GOVINDBHAI	9825221436	kgp7495@gmail.com
55	12BPT047	PATEL MANSI KALPESHKUMAR	7802991263	mansipatel2695@yahoo.com
56	12BPT050	PATEL NIRALIBEN BIPINCHANDRA	9586177583	nilupatel9431@gmail.com
57	12BPT052	PATEL PANKTI ASHOK	9904462698	pinks8958@gmail.com
58	12BPT053	PATEL PANKTI DAMJIBHAI	7874813185	panktisurani.d.1994@gmail.com
59	12BPT055	PATEL PRIYABAHEN CHANDRAKANTBHAI	8140880711	piyu.c.172@gmail.com
60	12BPT056	PATEL RIYA PRAKASHKUMAR	7874106655	riyapatel237@gmail.com
61	12BPT057	PATEL SEJALBEN NAVINCHANDRA	9601356909	sejal1294@gmail.com
62	12BPT058	PATEL SHRUTI	9825204589	patelshruti.sp@gmail.com

		MAHESHBHAI		
63	12BPT059	PATEL TRUSHABEN PANKAJKUMAR	9408599094	appatel1997@yahoo.com
64	12BPT060	PATEL TULSIBEN DIPAKBHAI	8155873940	tulsi.patel37@yahoo.in
65	12BPT062	PATEL VRAJ RAKESHKUMAR	9924315138	vrajdpdp@gmail.com
66	12BPT064	PRAJAPATI JINALI JAGADISHBHAI	9974865920	jinalidalwadi@gmail.com
67	12BPT065	PUROHIT ROSHANIBEN NALINCHANDRA	8487891957	roshanipurohit07@gmail.com
68	12BPT066	RATHAVA VIMALKUMAR VIKRAMBHAI	9727806866	vvathava@gmail.com
69	12BPT067	RATHVA ANKITA FATESINHBHAI	9537111396	ankirathva6727@gmail.com
70	12BPT068	SHAH DISHABEN KANAIYALAL	9157336284	dshshah7.dsh@gmail.com
71	12BPT069	SHAH FORAMBEN KALPESHKUAR	9408357110	forampetlad@gmail.com
72	12BPT070	SHAH JANKI BHASKARBHAI	7874187387	shahjanki94@gmail.com
73	12BPT071	SHAH PRACHI VIJAYBHAI	7567097807	prachishah1441@gmail.com
74	12BPT072	SHAH SHAILY JIGNASHUBHAI	9825322530	shaillyshah.ss18@gmail.com
75	12BPT074	SHASTRI HIREN AJITBHAI	9825285255	hirenshastri74@yahoo.com
76	12BPT075	SHETH DHRUVI CHETAN	9974846495	dhr281995@gmail.com
77	12BPT076	SONI HANI NITEENKUMAR	7567759569	hanisoni2@gmail.com
78	12BPT077	SUTHAR PALAK DASHARATHBHAI	7874715009	suthar_palak105@yahoo.com
79	12BPT078	SWADAS NIRJA PRASHANT	9408597325	nirjaswadas@gmail.com
80	12BPT079	TADVI NEELAMBEN MATHURBHAI	8690554569	nandu.tadvi@gmail.com
81	12BPT080	TRIVEDI JIGNA CHANDRASHEKHAR	8128268356	jigna_trivedi13@yahoo.com
82	12BPT081	TRIVEDI KHUSHBU BHARATBHAI	9909764570	khushbutrivedi64@yahoo.com
83	12BPT082	VORA HINAKAUSHAR GULAMBHAI	9173201364	charm.heena@gmail.com

84	12BPT039	PATEL EKTABEN SUNILKUMAR	9974288563	aeshap15@gmail.com
85	12BPT044	PATEL KRETABEN GAJENDRAKUMAR	7575071169	kreta.patel1202@gmail.com
86	12BPT048	PATEL NEEL MAHESHKUMAR	9173637869	neelp7820@gmail.com
87	12BPT049	PATEL NIDHIBEN PRADIPBHAI	9426583512	nikipatel51194@gmail.com
88	12BPT051	PATEL NISHITABEN KANDARPBHAI	9586160500	nishitapatel.284@gmail.com
89	12BPT054	PATEL PELAV VASANTBHAI	9638858768	pelav.patel@yahoo.com
90	12BPT061	PATEL VIRAJKUMAR KIRITBHAI	9662141527	viraj.vkp95@gmail.com
91	12BPT063	PRAJAPATI JANKIBEN JAGDISHBHAI	8866805031	jaanki190577@gmail.com
92	12BPT073	SHAH SHIVANI SURESHBHAI	8160503821	shah34829@gmail.com
93	13BPT001	ACHARYA BANSI MAHESHBHAI	9408452088	acharyabansi1@gmail.com
94	13BPT002	ACHARYA RUCHA NILESHKUMAR	9427618089	rucha1195@gmail.com
95	13BPT003	AMIN MAUSAM SHANTILAL	7405183738	mausamamin795@gmail.com
96	13BPT004	BHELKA TRUPTI UTTAMBHAI	9924446453	truptibelka082@gmail.com
97	13BPT008	UTSAVI T CHAUHAN	7574867178	jennythestar85@gmail.com
98	13BPT009	CHHAYA KAVISHA PRANAV	9033227132	kavishachhaya@yahoo.in
99	13BPT011	DESAI ANUSHREE ASHISHBHAI	9409656668	desaianu96@gmail.com
100	13BPT012	DESAI MAMATABEN RAYMALBHAI	8488051301	monadesai2011@gmail.com



MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHAROTAR UNIVERSITY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)

EVENT / ACTIVITY

National Nutrition Week Celebration

Expert Session & Poster Making

ON
"Better Nutrition : Key to Development"

on
1st Sep. to 7th Sep. 2016

at
Manikaka Topawala Institute of Nursing
Changa

Report submitted on: 12/09/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A CONSTITUENT OF CHARUSAT

REPORT

On

National Nutrition Week,2015

Date (s) of Event : 1st to 7th September 2015

Date of Submission : 12 September 2015

Submitted By:

Name : Mrs. Sapna B. Patel

Designation : Lecturer

Department :Manikaka Topawala Institute of Nursing

Email : sapnapatel.nur@charusat.ac.in

Principal

CHARATOR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)

FACULTY OF MEDICAL SCIENCE

MANIKAKA TOPAWALA INSTITUTE OF NURSING, CHANGA

Nutrition week

Topic: Better Nutrition : Key to Development

Date: 1st – 07 Sept. 2015

Venue : Manikaka Topawala Institute of Nursing, Changa

INDEX

Sr. No	Content	Page No.
1	Report with Objective	
2	Budget letter	
3	Photographs List of Beneficiaries	
4	Proposed Schedule	
5	Letter with Expert	
6	C.V, of Expert	
7	Advertisement copy	
8	On the Spot Poster Making contest (Participants List & Results)	
9	List Of Particiants	

Dear Sir/ Madam

Greeting from MTIN

In India, National Nutrition Week is celebrated each year from 1st September to the 7th September. The main aim of this campaign is to create awareness on the importance of nutrition for health which has far reaching implications on development, productivity, economic growth and ultimately national development. The campaign was first started by the central government in the year 1982 in order to encourage the good health and healthy living through the nutrition education as the malnutrition is the main obstruction to the National Development. To encourage the people for the same, the Food and Nutrition Board including 43 units (departments of women and child development, health and NGOs) is working all over the country to support the activities.

Objectives of the National Nutrition Week Celebration:

- To review the frequency of problems to various diet and nutrition in the communities.
- To evaluate the appropriate techniques to prevent and control the nutritional problems through deep research.
- To monitor the condition of the country for the diet and nutrition.
- To perform the operational research in order to plan and implement the national nutrition programs.
- To aware people through the orientation training about health and nutrition.

In order to support the National Nutrition Week 2015, we MTIN are putting in a small effort of organizing an expert session on “**Better Nutrition: Key to Development**” by Ms. Smita J Shah. Faculty members of CHARUSAT are warmly invited to take beneficieate of the session.

Topic: Better Nutrition: Key to Development

Date: 2nd September 2015

Time: 2:00 pm-3:30 pm

Venue: PDPIAS Auditorium

The detail of the programme is attached below

Report of National Nutrition Week, 2015 (1st to 7th September 2015)

In India, National Nutrition Week is celebrated each year from 1st September to the 7th September. The main aim of this campaign is to create awareness on the importance of nutrition for health which has far reaching implications on development, productivity, economic growth and ultimately national development. The campaign was first started by the central government in the year 1982 in order to encourage the good health and healthy living through the nutrition education as the malnutrition is the main obstruction to the National Development. To encourage the people for the same, the Food and Nutrition Board including 43 units (departments of women and child development, health and NGOs) is working all over the country to support the activities.

Manikaka Topawala Institute of Nursing had celebrated of National Nutrition Week, 2015 during 1st -7th September 2015. The theme of the week was “**Better nutrition: Key to development**”. The activities planned for the week are given below.

<u>Sr. No.</u>	<u>Event</u>	<u>Person</u>	<u>Date and Time</u>
1	Slogan display	Students of MTIN	1 st -7 th September 9:00 am
2	Expert session for faculty members of CHARUSAT	Ms. Smita J Shah	2 nd September 2:00 pm- 3:30 pm
3	Expert session for students of MTIN	Ms. Sadhana Makhija	4 th September 11:00 am- 12:00 pm
4	On the spot poster making contest	For the Students of MTIN and ARIP	4 th September 2:00 pm- 4:00 pm

Slogans display:

The slogans were prepared on the theme of “**Better nutrition: Key to development**” by the students of MTIN and displayed in all the constituent institutes of CHARUSAT including the CARUSAT health care and research foundation. The list of the slogans is attached below.

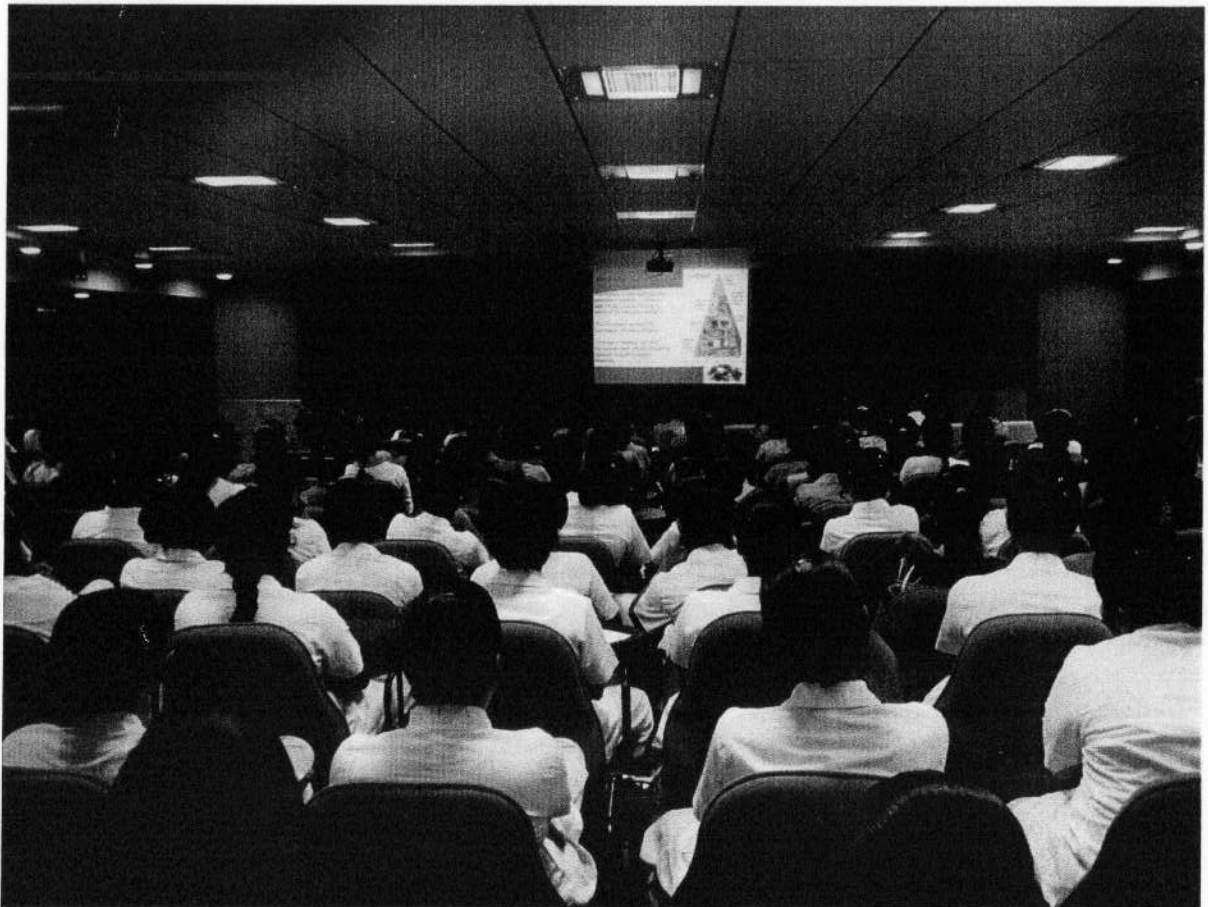
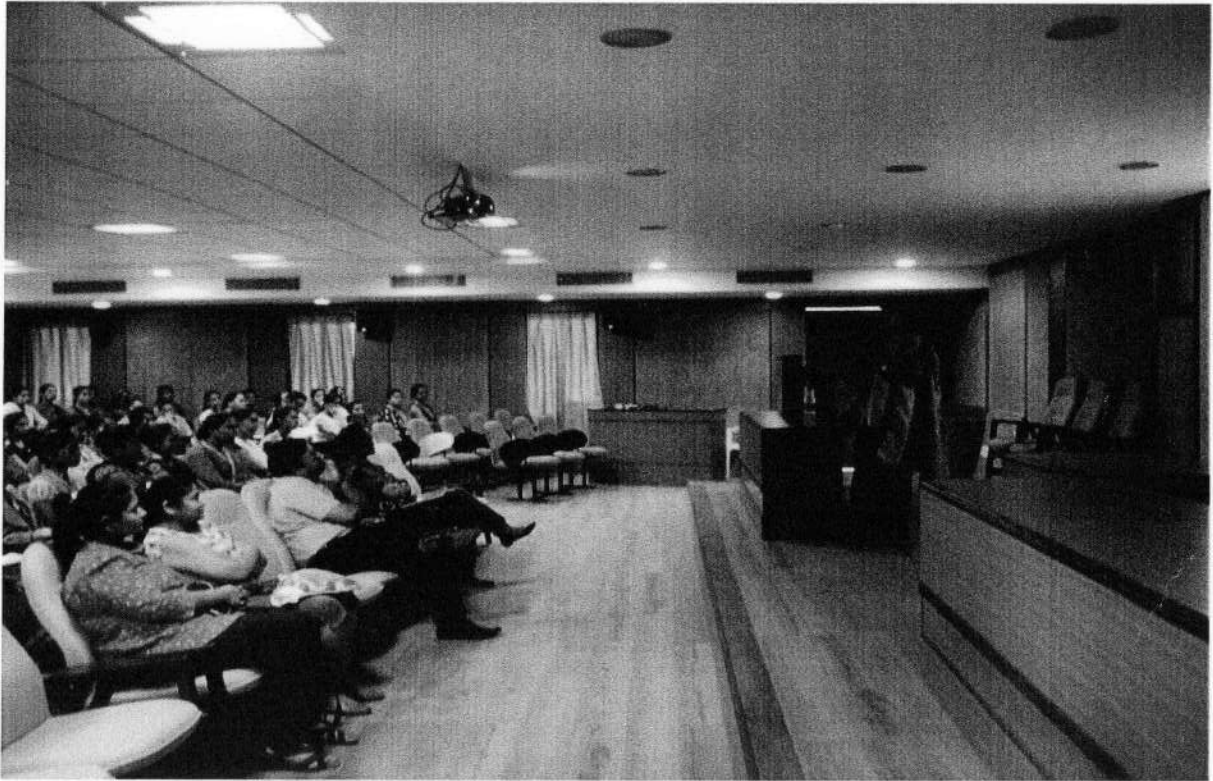
<u>Sr. No.</u>	<u>Date</u>	<u>Slogans</u>
1	1/09/2015	1. Eat less sugar, you are sweet already 2. What you eat affects your mind 3. Note to self: S. Say no to junk food 4. Don't regret what you ate, eat healthy and feel great
2	2/09/2015	1. Let food be the medicine and medicine be the food 2. Put healthy food on plate if you wanna feel great 3. Give junk food the boot and switch to fruit

		4. Never eat more than you can lift
3	3/09/2015	<ol style="list-style-type: none"> 1. Exercise is a king and Nutrition is a queen: Put them together you've got a kingdom 2. Bunk the junk food attend the nutritious one 3. Every time you eat or drink, you are either feeding diseases or fighting diseases 4. If you keep good food in your refrigerator you will eat good food
4	4/09/2015	<ol style="list-style-type: none"> 1. Build you tray a healthy way 2. Health and nutrition to up step 3. Healthy food for a healthy world 4. Nutrition that fits: fits your life, your needs and your goals 5. Healthy food You can't go Wrong, Keeping the body Lean & Strong 6. Good Nutrition is a Start, To Help Children Grow Smart
6	7/09/2015	<ol style="list-style-type: none"> 1. Berries, Apple, Bananas and Pears, Help reduce Health Worries and Scares. 2. Good quality fuel for the Car, Then why not for Yourself?? 3. Let's Start a new Tradition, To Stop Malnutrition. 4. Fruits and veggies On your Table Make your Health Stable. 5. Healthy eating For a strong Heart beating. 6. Eat Clean and Green! Eat Right and Light! Eat Right, future Bright! Eat Well, be Well!

Expert lecture for faculty members of CHARUSAT (2nd September):

We invited Ms. . Smita J Shah, Dietitian Obesity consultant and Diabetes Educator at Dia-Care. She took a presentation on **“Better nutrition: Key to development” on 2nd September at 2:00 pm- 3:30 pm**. She explained about the importance of nutrients in our daily life, the balanced diet, nutrition problems in India and millennium development goals of nutrition.

In addition she explained about malnutrition, nutrition anaemia, low birth weight, iodine deficiency disorders, and obesity. The session was very interactive and the faculty members of CHARUSAT and the students of MTIN got knowledge regarding **“Better nutrition: Key to development”**. After the end of the presentation there was a session for questions and answers where the faculties and students were able to clear their doubts with the answers of Ms. Smita J. Shah.



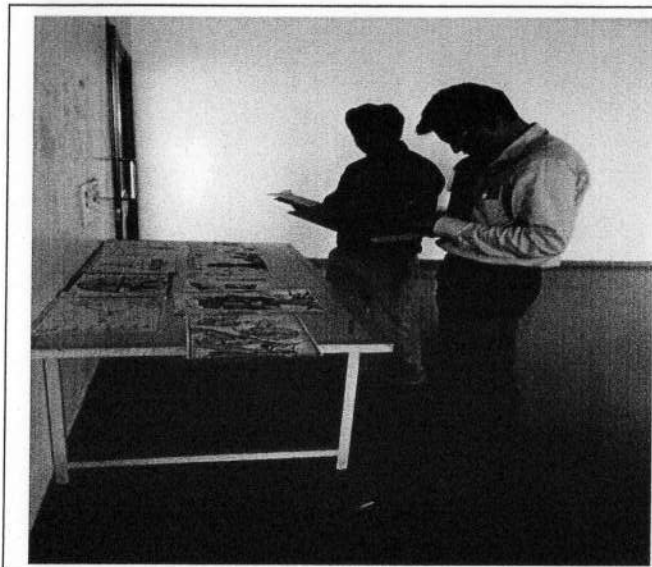
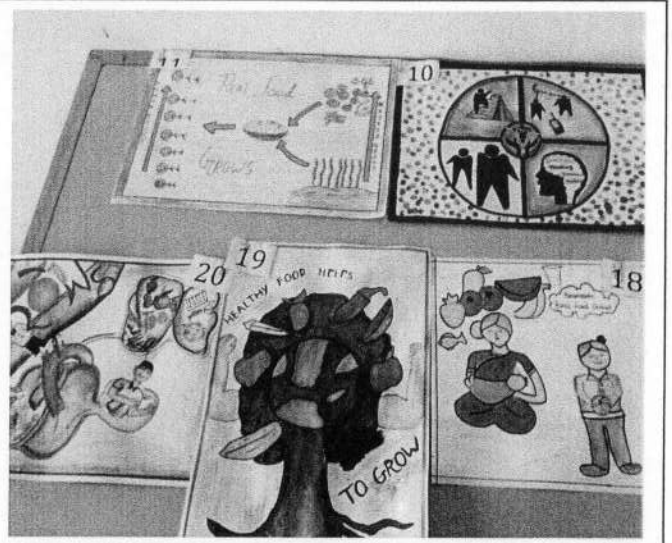
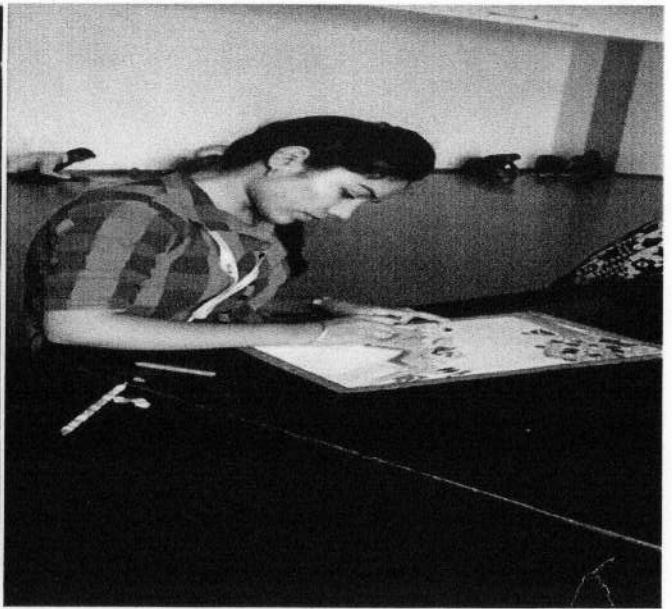
Expert session for students of MTIN (4th September 2015)



We invited Ms. Sadhana Makhija, Dietician CHARUSAT hospital, to conduct a expert lecture on **“Better nutrition: Key to development”** at AV aids hall of MTIN on 4th of September 2015 (11:00-12:00 noon) for the students of MTIN. Around 200 students had attended the lecture. She conducted a question- answer session after her presentation. She explained about important of nutrients, good habits related to nutrition and a small movie for that. It was interactive session and students were able to clear all their doubts related to nutrition.

On the spot poster making contest:

We organised on the spot poster making contest cum exhibition for the students of MTIN and ARIP. It was planned on 4th September 2015 at 2:00- 4:00 pm. The venue was nursing research laboratory, MTIN. Twenty six students were participated in the contest. The theme decided for the competition was real food grows. The theme was given before 20 minute. We enounced two winners for the competition. Ms. Sharon Raj, 4th year B.Sc.. Nursing got first price and Ms. Priyal Zaveri, 2nd year BPT, got second price.



**Celebration of National Nutrition Week, 2015 (1st - 7th
September)**

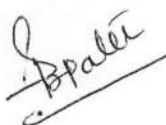
Organized by Manikaka Topawala Institute of Nursing

Proposed Schedule

<u>Sr. No.</u>	<u>Event</u>	<u>Person</u>	<u>Date and Time</u>
1	Slogan display	Students of MTIN	1 st -7 th September 9:00 am
2	Expert session for faculty members of CHARUSAT	Ms. Smita J Shah	2 nd September 2:00 pm- 3:30 pm
3	Expert session for students of MTIN	Ms. Sadhana Makhija	4 th September 11:00 am- 12:00 pm
4	On the spot poster making contest	For the Students of MTIN and ARIP	4 th September 2:00 pm- 4:00 pm

From,

Sapnaben Bhavin Patel
Lecturer, MTIN



Manikaka Topawala Institute of Nursing

National Nutrition week Celebration

Expert lecture

2nd September 2015

Proposed Schedule

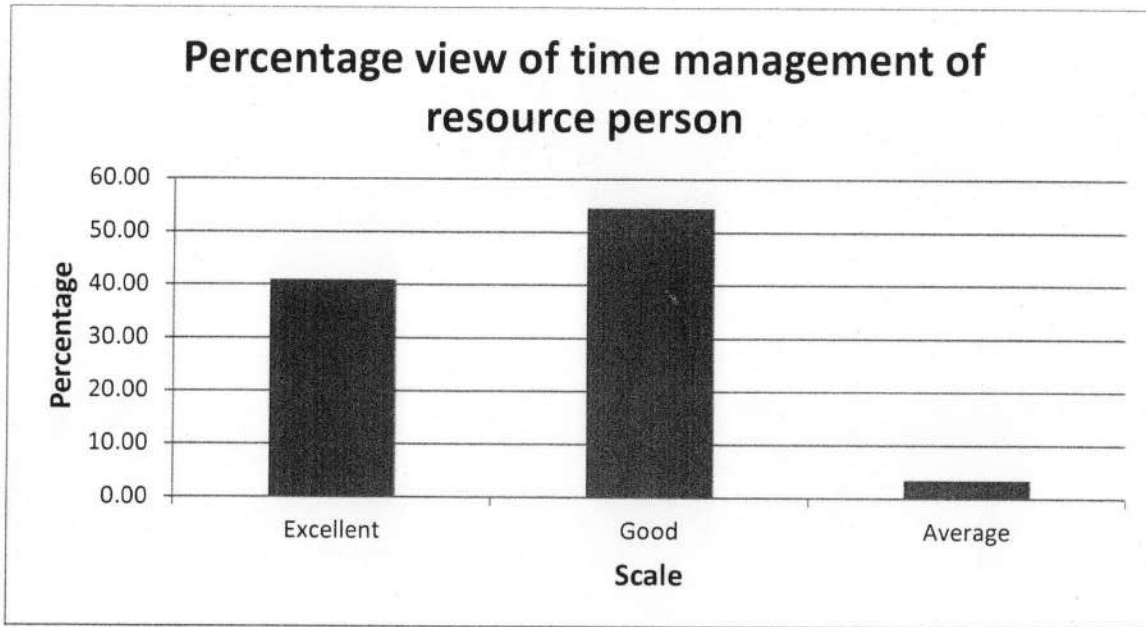
Sr. No.	Event	Person	Time
1	Introduction of session	Ms. Sapna Patel	2:00 pm- 2:05 pm
2	Introduction and Welcome of guest	Mr. Sapna Patel	2:05 pm- 2:10 pm
3	Lecture on Better Nutrition: Key to Development + Question- answer session	Ms. Smita J Shah	2:10 pm- 3:25 pm
4	Thanks giving	Ms. Sapna Patel	3:25 pm- 3:30 pm

From

Sapnaben Bhavin Patel

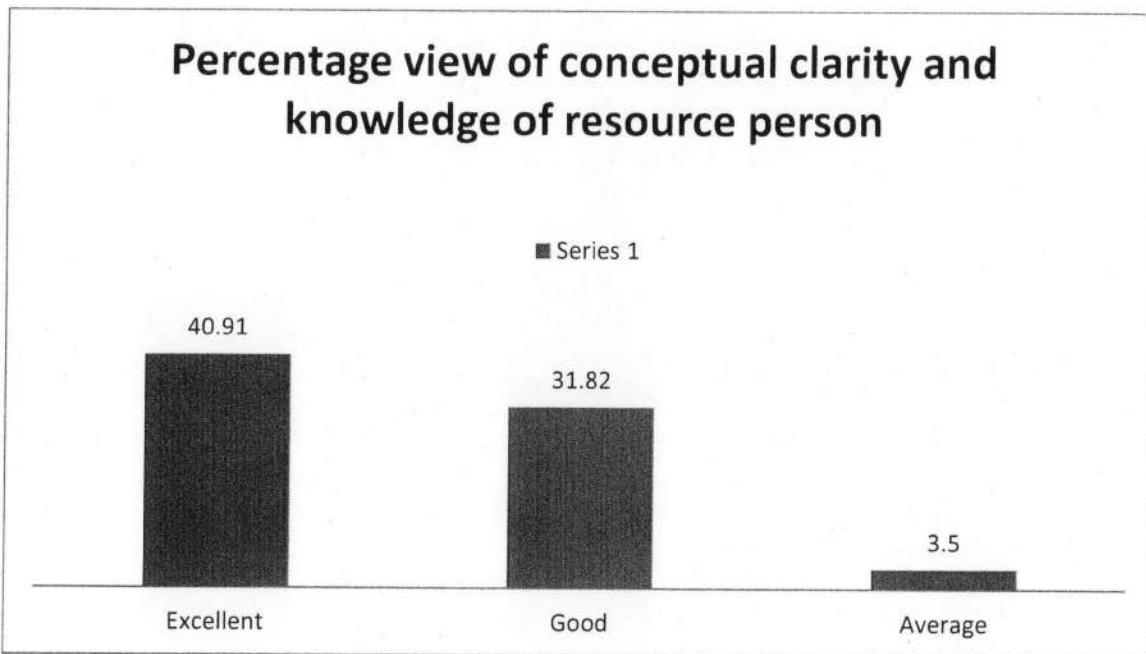
Lecturer, MTIN

Graph-1: Resource person made good use of the time allotted



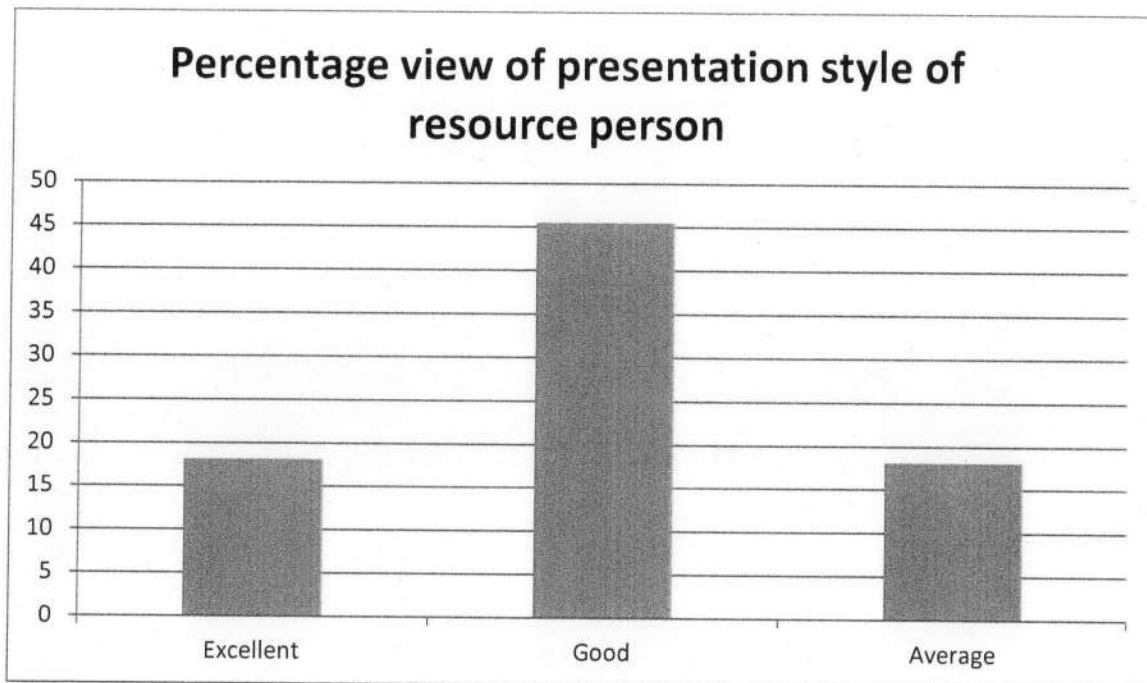
40.91% students said that the resource person made excellent use of time allotted. Remaining 54.55% students reported that the resource person made good use of time allotted.

Graph-2: Percentage view of conceptual clarity and knowledge of resource person



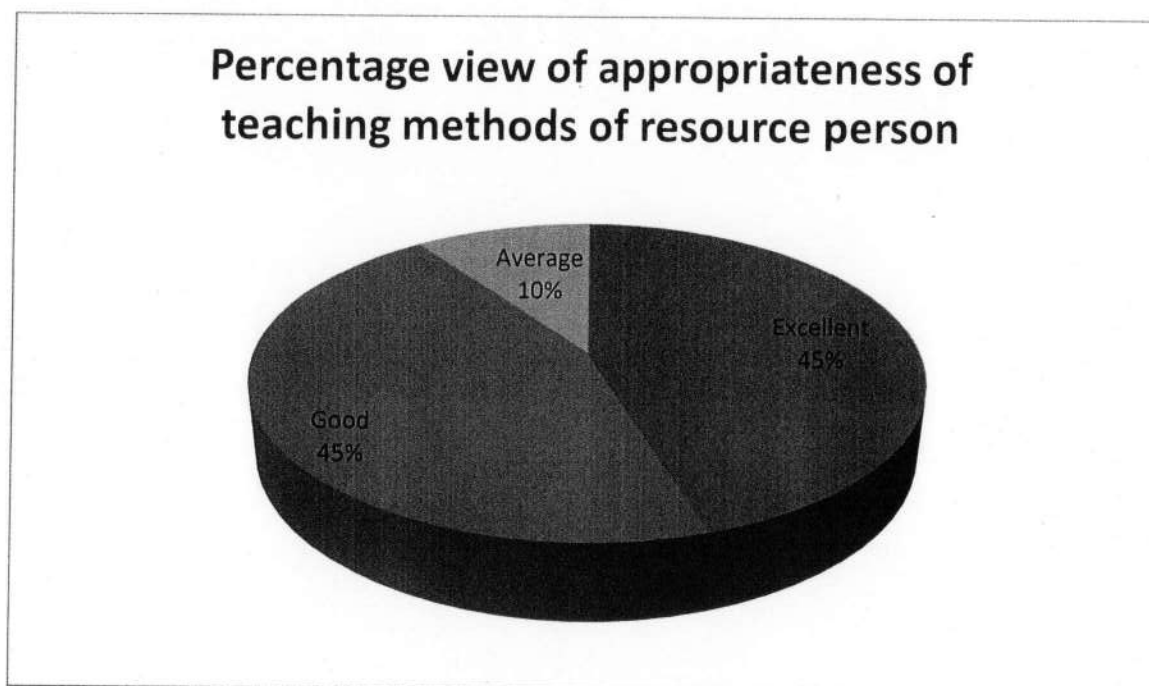
31.82% students reported that the report person had good conceptual clarity and knowledge and remaining 40.91% students said he has excellent knowledge.

Graph-3: Presentation style of resource person



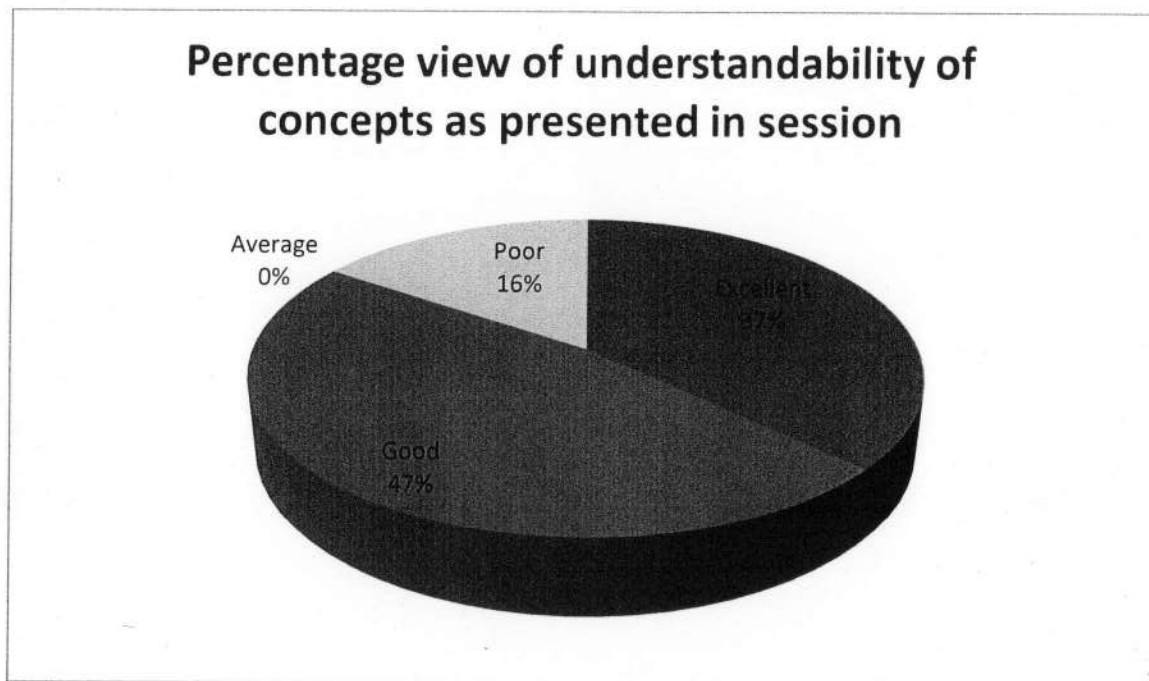
18.18% Students reported resource person had excellent style of presentation while 45.45% reported that her presentation style is good.

Graph-4: Appropriateness of teaching methods of resource person



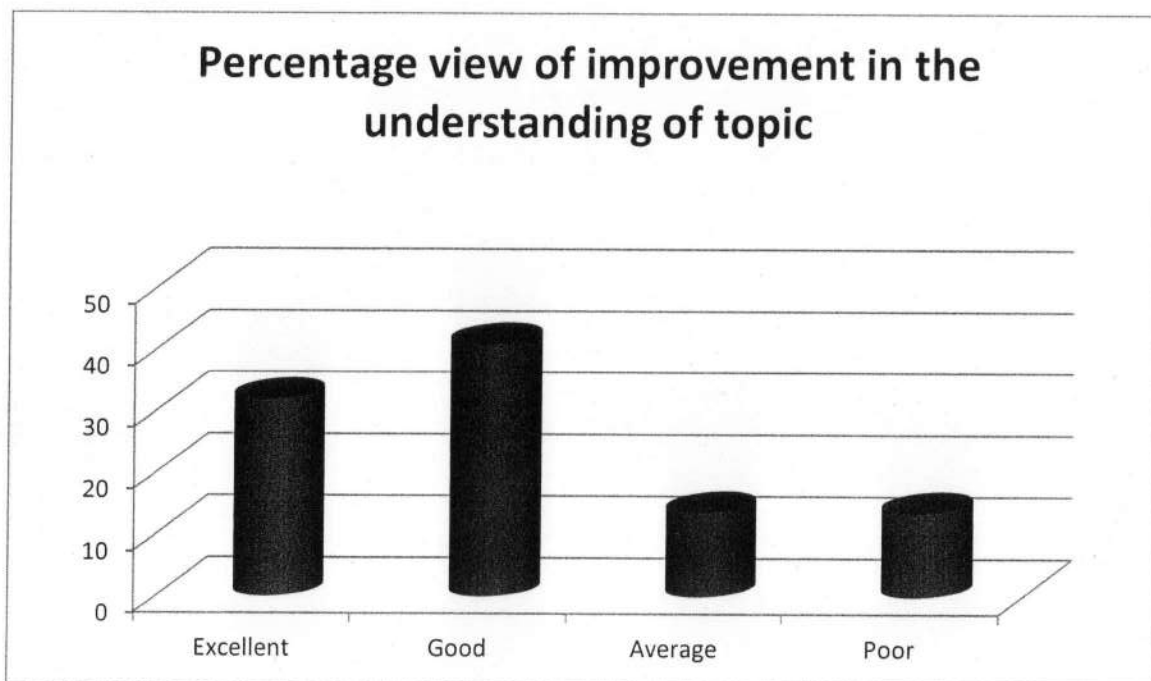
45% students reported resource person used good teaching methods and 45% said excellent methods she had used for teaching and remaining reported that she had used average methods for teaching.

Graph-5: Understandability of concepts as presented in session



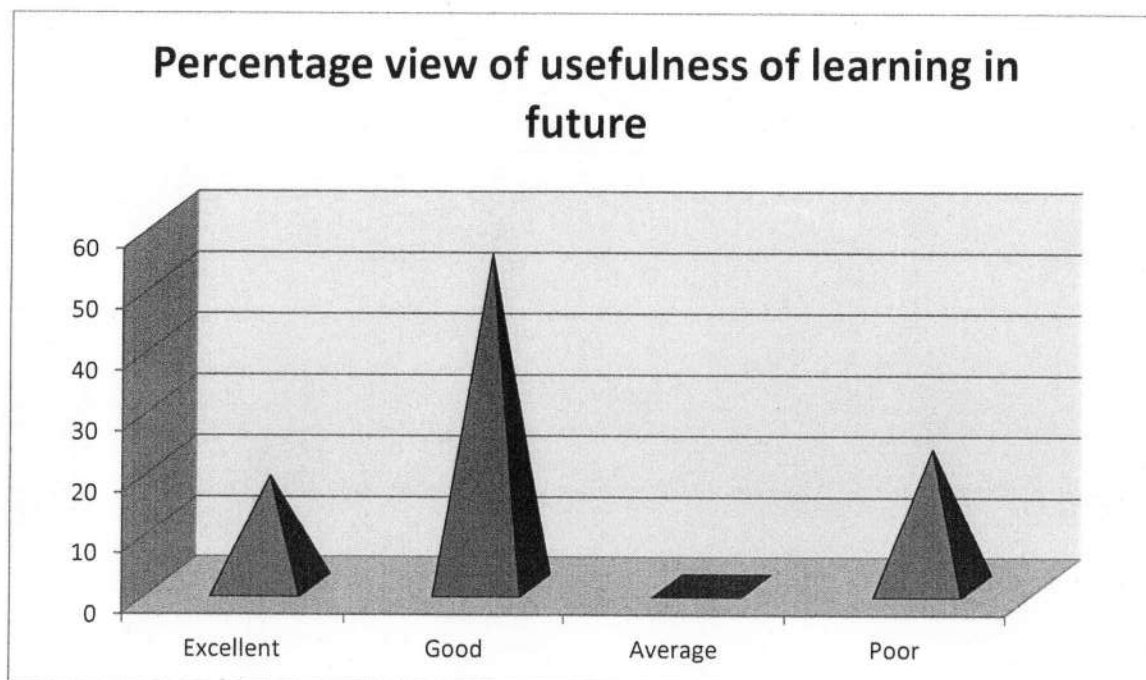
47% students reported that the resource person had good under-stability of concepts presented in session.

Graph-6: Improvement in the understanding of topic



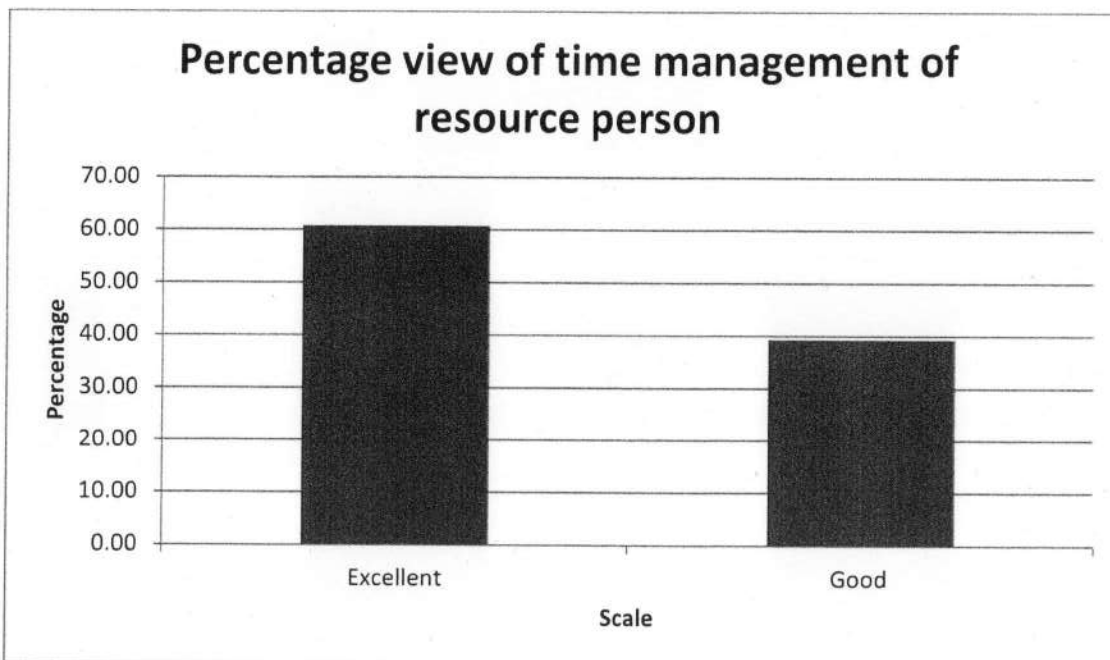
40.91% students reported that the resource person should improve the understanding of topic on good basis.

Graph-7: Usefulness of learning in future



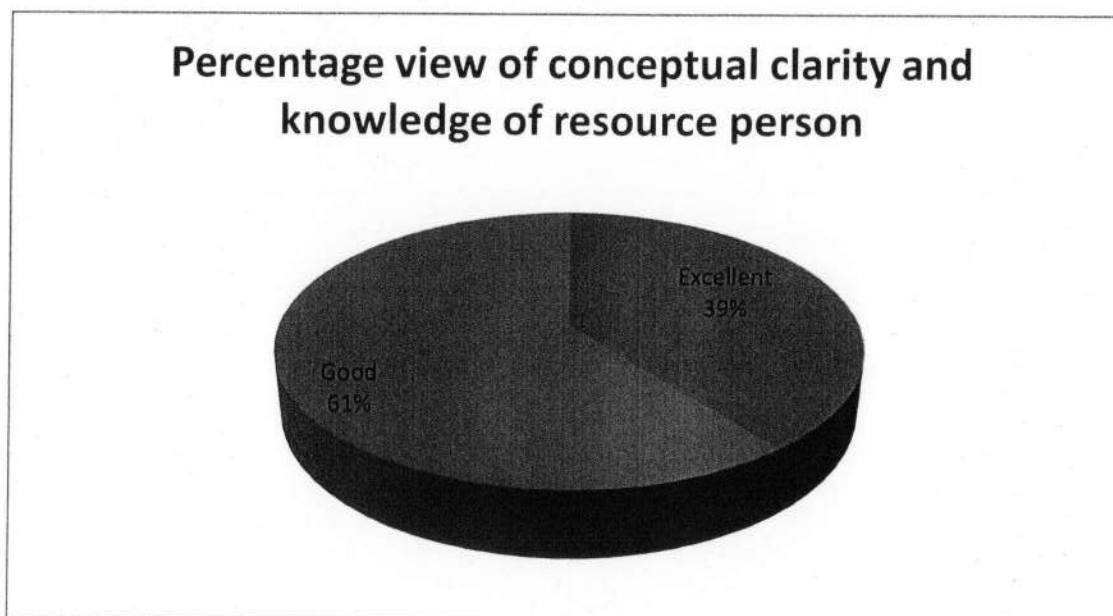
54.55% students reported that this type of learning is useful in future in good manner.

Graph-1: Resource person made good use of the time allotted



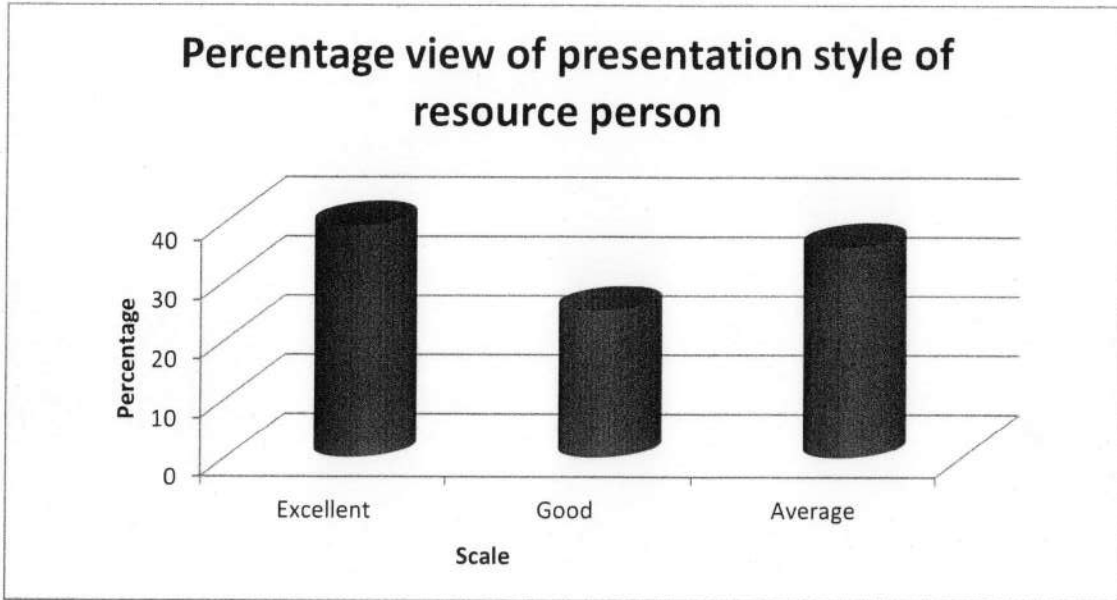
60.71% students said that the resource person made excellent use of time allotted. Remaining 39.29% students reported that the resource person made good use of time allotted.

Graph-2: The resource person had conceptual clarity and knowledge about to



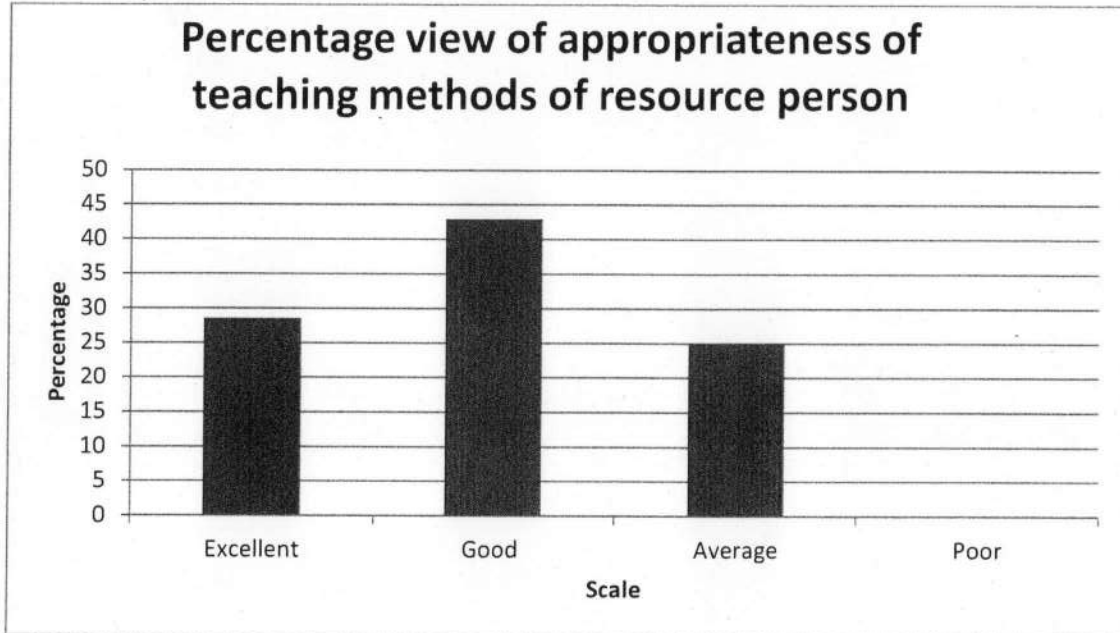
61% students reported that the report person had good conceptual clarity and knowledge and remaining 39% students said he has excellent knowledge.

Graph-3: Presentation style of resource person



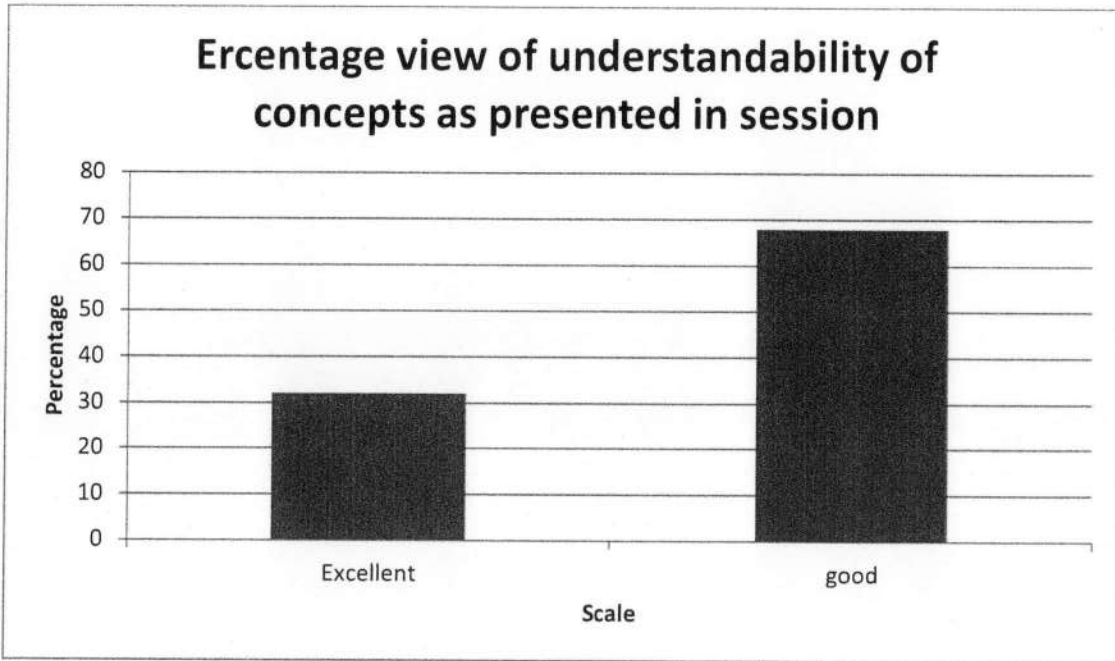
39.3% Students reported resource person had excellent style of presentation while 25% reported that her presentation style is good.

Graph-4: Appropriateness of teaching methods of resource person



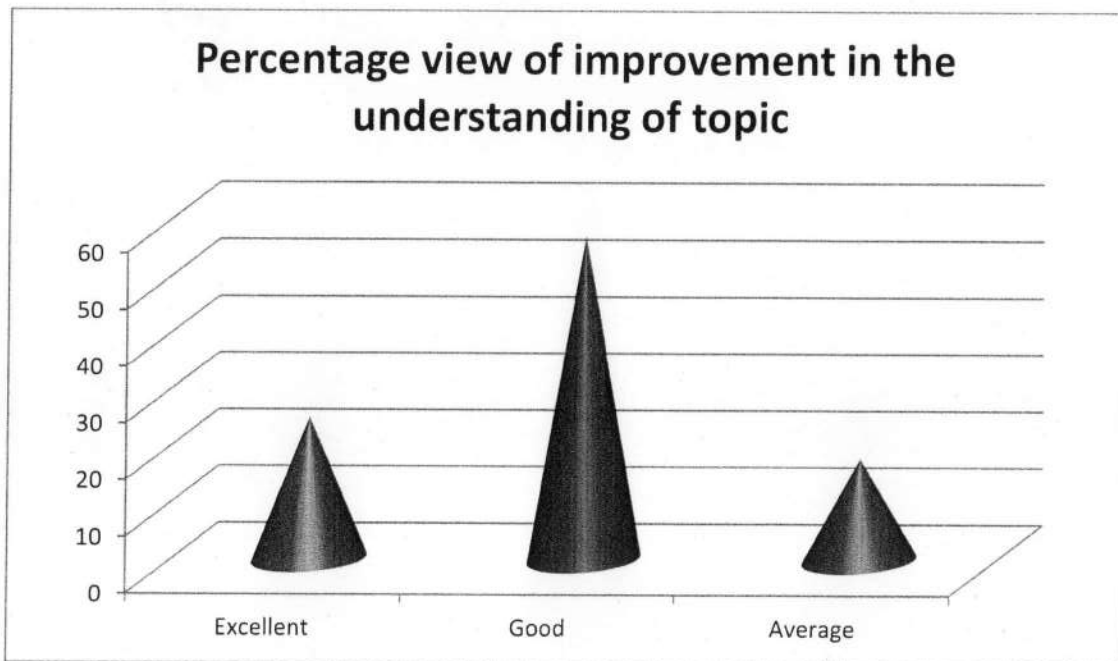
42.9% students reported resource person used good teaching methods and 28.6% said excellent methods she had used for teaching and remaining reported that she had used average methods for teaching.

Graph-5: Understandability of concepts as presented in session



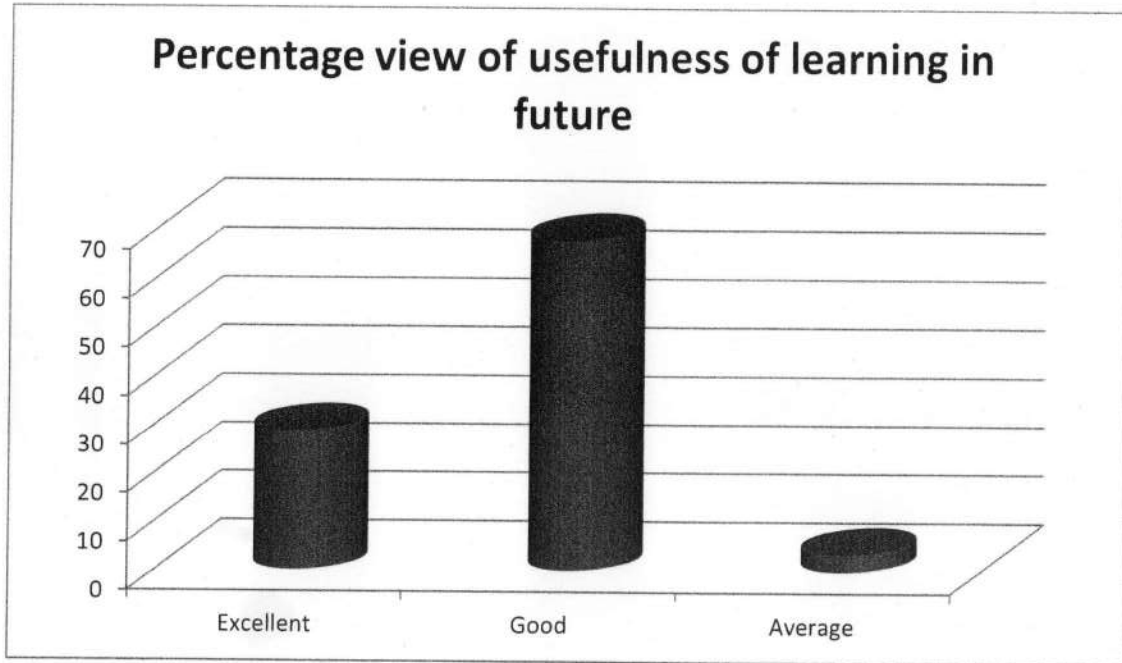
67.9% students reported that the resource person had good under stability of concepts presented in session.

Graph-6: Improvement in the understanding of topic



57.1% students reported that the resource person should improve the understanding of topic on good basis.

Graph-7: Usefulness of learning in future



67.9% students reported that this type of learning is useful in future in good manner.



MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHAROTAR UNIVERSITY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)

EVENT / ACTIVITY

Continue Nursing Education.

on.

Standard Safety Precaution.

on

26th Sep. 2015

at

Manikaka Topawala Institute of Nursing
Changa.

Report submitted on: 05/10/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A CONSTITUENT OF CHARUSAT

REPORT

Continue Nurses Education

On

Standard Safety Precaution

Date (s) of Event : 25 September 2015

Date of Submission : 05 October 2015

Submitted By:

Name : Mr. Deepak krishnamurti

Designation : Assistant Professor

Department : Manikaka Topawala Institute of Nursing

Email : deepakk.nur@charusat.ac.in

Principal

CHARATOR UNIVERSITY OF SCIENCE AND TECHNOLOGY (CHARUSAT)

FACULTY OF MEDICAL SCIENCE

MANIKAKA TOPAWALA INSTITUTE OF NURSING, CHANGA

CONTINUE NURSING EDUCATION

(STANDARD SAFETY PRECAUTION)

Venue : Manikaka Topawala Institute of Nursing, Changa

Date:26/09/2015

INDEX

Sr. No	Content	Page No.
1	Report with objective	
2	Budget Approval	
3	List of Beneficiaries	
4	Photographs	
5	Invitation to Resource Person	
6	Schedule and Agenda	
7	Invitation card	
8	Feedback analysis	
9	Feedback form	

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

Report ON CNE

"STANDARD SAFETY PRECAUTION"

26TH SEPTEMBER, 2015

VENUE: AUDITORIUM, MCA, CHARUSAT CAMPUS CHANGA

Resource Person:

- Dr. Chirag Patel, Coordinator, HICC, Consultant & Tutor Microbiology, PS Medical College & Shree Krishna Hospital, Karamsad.
- Mr. Anil Sharma, Principal, MTIN
- Ms. Anjali Tiwari, Asst. Professor MTIN

Organized by:

M.Sc.Nursing II semester students (Batch 2014-16)

Convenor:

Mr. Anil Sharma, Principal MTIN

Organizing Secretary:

Ms. Deepa Nair & Mr. Deepak K, Assistant Professor, MTIN

Introduction

MTIN organized CNE on Standard Safety Precautions in which 300 odd delegates participated from different colleges, hospitals and school of nursing .session was carried out from morning 9.30 am to 4.30pm.

Objectives:-

1. To give an overview of Standardized Safety Precaution as -per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
5. To discuss the Waste management in hospitals.
6. To acknowledge the guidelines of preventing needle stick and sharps injury with safe injection practice.

Agenda:

TIME	TOPIC	NAME OF RESOURCE PERSON
8:00 am to 09:30 am	Registration Breakfast	
9:31am to 11:00am	Standardize Safety Precautions Overview With demonstration of Use of Personal Protective Equipment	Dr. Chirag Patel
11:01 am to 11.15 am	Tea Break	
11:16 am to 12:30 pm	Guidelines for prevention of Needle Stick and sharp Injury and demonstration of safe injection practice	Dr. Chirag Patel
12:30 pm to 01:30 pm	Lunch	
1:31pm to 03:00 pm	Hand Hygiene Practice & Respiratory Hygiene with demonstration	Mr. Anil Sharma
03:01 pm to 03:15 pm	Tea Break	
03:15 pm to 04:30 pm	Cleaning and Disinfection in hospital setting along with waste Management	Ms.Anjali Tiwari

CONCLUSION:-

Session were interactive and informative, 7th semester students Internship GNM students participated in the program. Session has great impact on enhancing student's knowledge on Standard Safety Precaution. We thank Principal and CHARUSAT management for support and guidance in organizing program.

MANIKAKA TOPAWALA INSTITUTE OF NURSING

Objectives Of Standard Safety Precaution

Objectives:-

1. To give an overview of Standardized Safety Precaution as -per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
5. To discuss the Waste management in hospitals.
6. To acknowledge the guidelines of preventing needle stick and sharps injury with safe injection practice.

Proposal for organizing one day continue nursing education programme on "Standard Safety Precautions"

2 messages

Dr. Harish Desai <harishdesai.adm@charusat.ac.in>

Tue, Aug 18, 2015 at 3:45 PM

To: Anil sharma <anilsharma.nur@charusat.ac.in>, Deepa Nair <deepanair.nur@charusat.ac.in>

Cc: bhavdip patel <bhavdippatel.acc@charusat.ac.in>, Dilip Gosai <dilipgosai.pr@charusat.ac.in>, Atul Patel <atulpatel.mca@charusat.ac.in>, Anuradha Gajjar <anuradhagajjar.iqac@charusat.ac.in>

Dear Sir/Madam,

With reference to your proposal for the organizing one day continue nursing education programme on "Standard Safety Precautions" dated August 11, 2015.

As directed, I am to inform you that Provost has approved above proposal along with budget of Rs. 55,000/- for the same.

However your are requested to utilize the same sparingly.

With Regards,

--
Dr. Harish Desai

Dy. Registrar

CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

CHARUSAT Campus, Changa,

Anand District - 388 421 Gujarat (INDIA)

Phone : 02697-265008

Anil sharma <anilsharma.nur@charusat.ac.in>

Thu, Oct 15, 2015 at 10:05 AM

To: Raxesh Mistry <raxeshmistry.nur@charusat.ac.in>

Mr. Anil Sharma

Principal,

Manikaka Topawala Institute of Nursing

CHARUSAT-Changa

Mb. 8140364743

[Quoted text hidden]

MANIKAKA TOPAWALA INSTITUTE OF NURSING
A constituent of CHARUSAT.
CNE feedback Summary

1. Overall, how would you describe the content of the event?

I Advanced level - 41

II Intermediate level -48

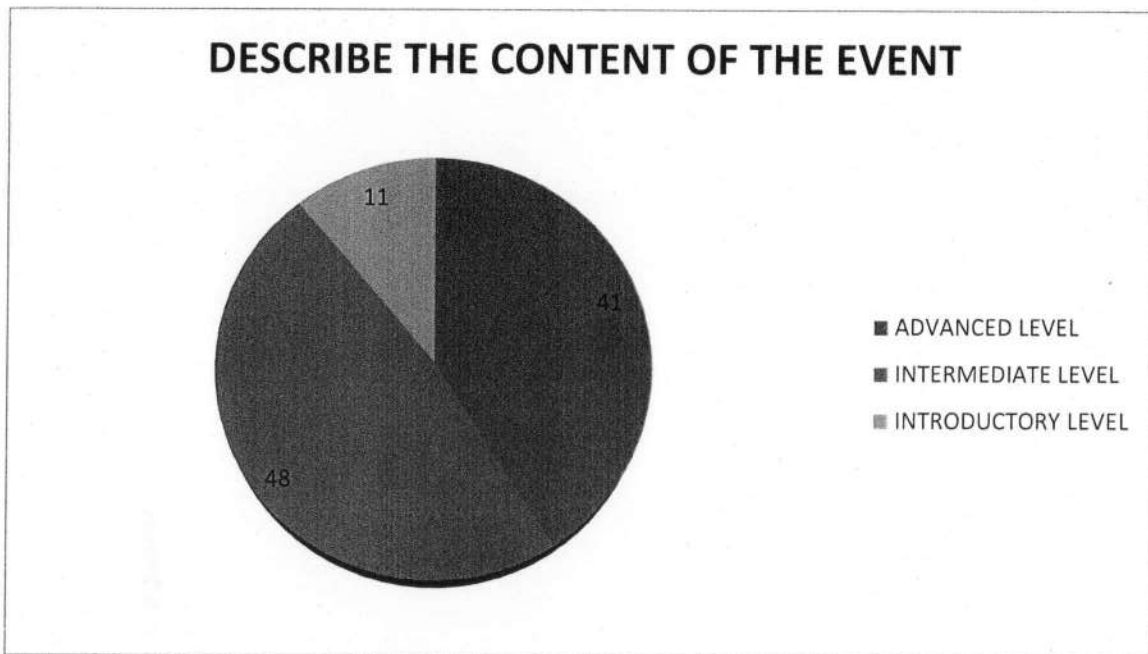
III Introductory level - 11

Rating Scale	1 Poor	2 Fair	3 Good	4 Very Good	5 Excellent
The event was well structured and organized.	6	9	14	30	41
Proficiency of the expert/instructor	5	8	11	32	44
The event materials provided was useful.	8	3	31	31	27
Participation in the discussion was appropriate.	3	3	23	28	43
Well paced time management of the event	3	4	10	28	55
The venue facilities of the event	6	10	22	24	38
Over all experience of the event	2	6	16	24	52

GRAPHICAL ANALYSYS OF FEEDBACK

CONTINUE NURSING EDUCATION

DESCRIBE THE CONTENT OF THE EVENT

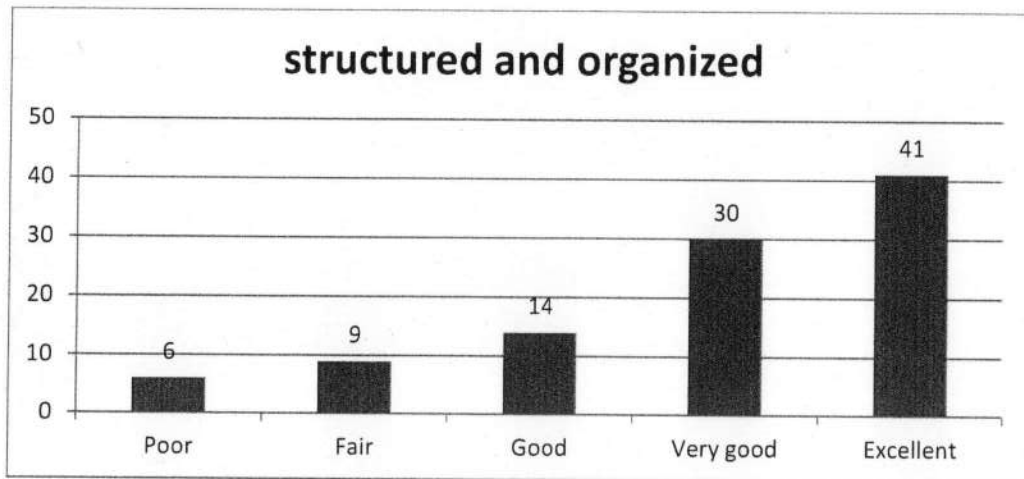


The Total Participants of this evaluation form were 100 out of which

- 41% of delegates described the event as advanced
- 48% of delegates categorized as intermediate and
- 11% of delegates categorized the event as introductory event.

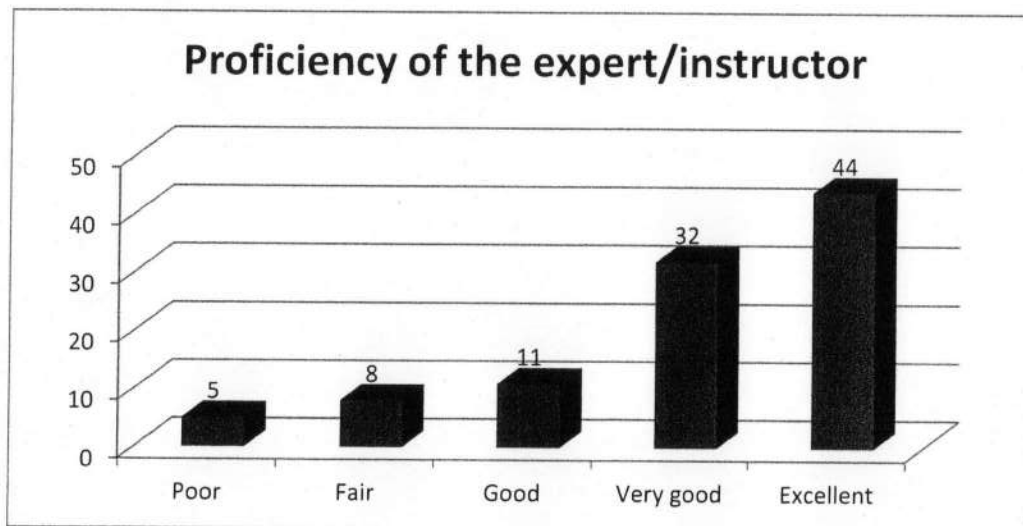
OPINION OF DELEGATES ON VARIOUS ASPECT OF THE CONFERENCE

1. The event was well structured and organized



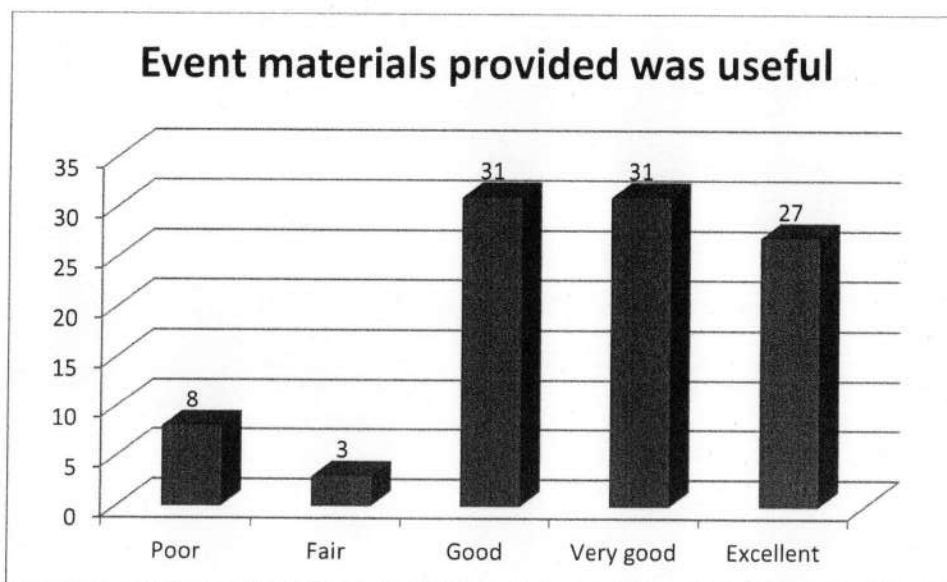
Above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the event was well structured & organized .

2. Proficiency of the expert/instructor



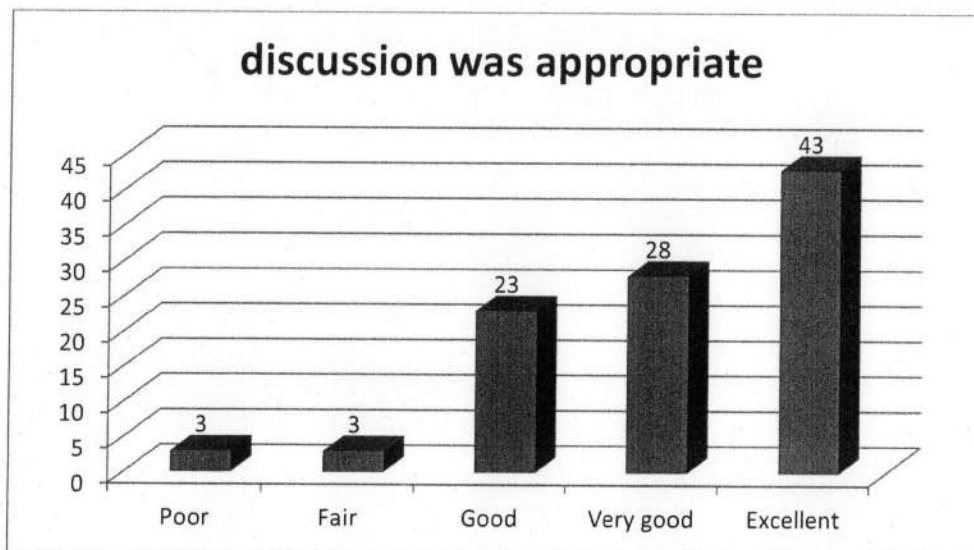
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the proficiency of the expert/ instructor.

3. The event materials provided was useful



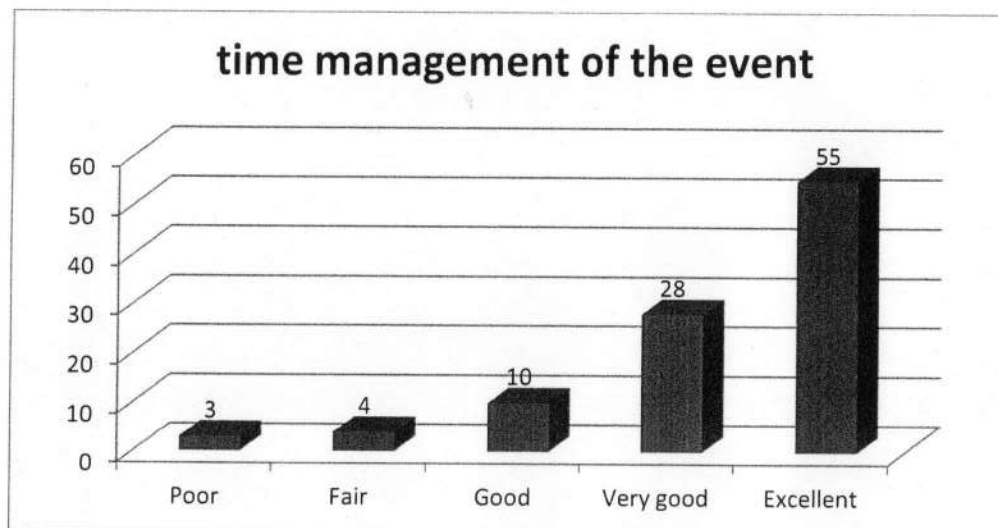
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the event materials provided was useful

4. Participation in the discussion was appropriate.



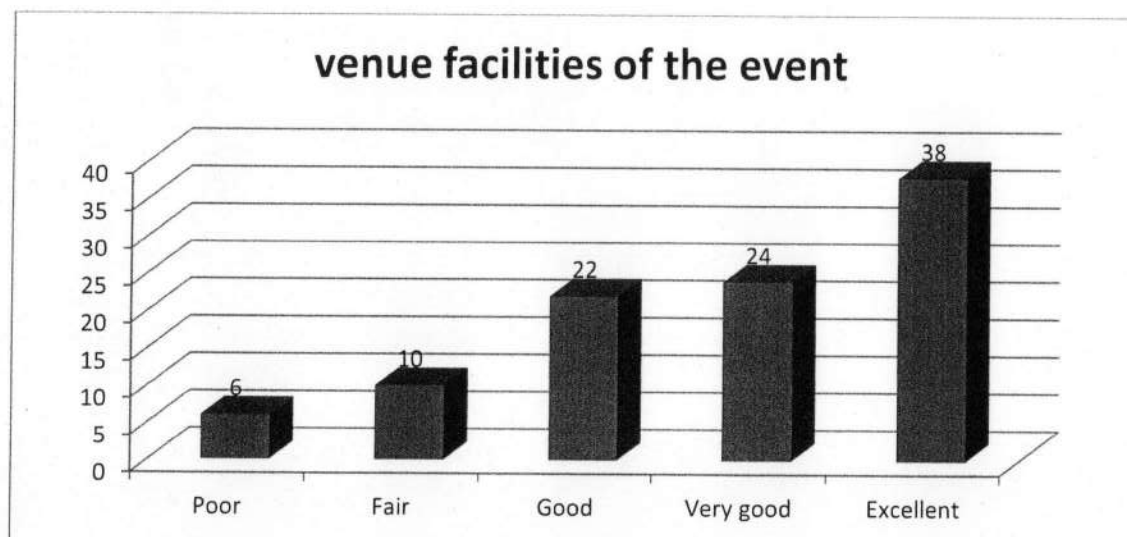
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Participation in the discussion was appropriate

5. Well paced time management of the event



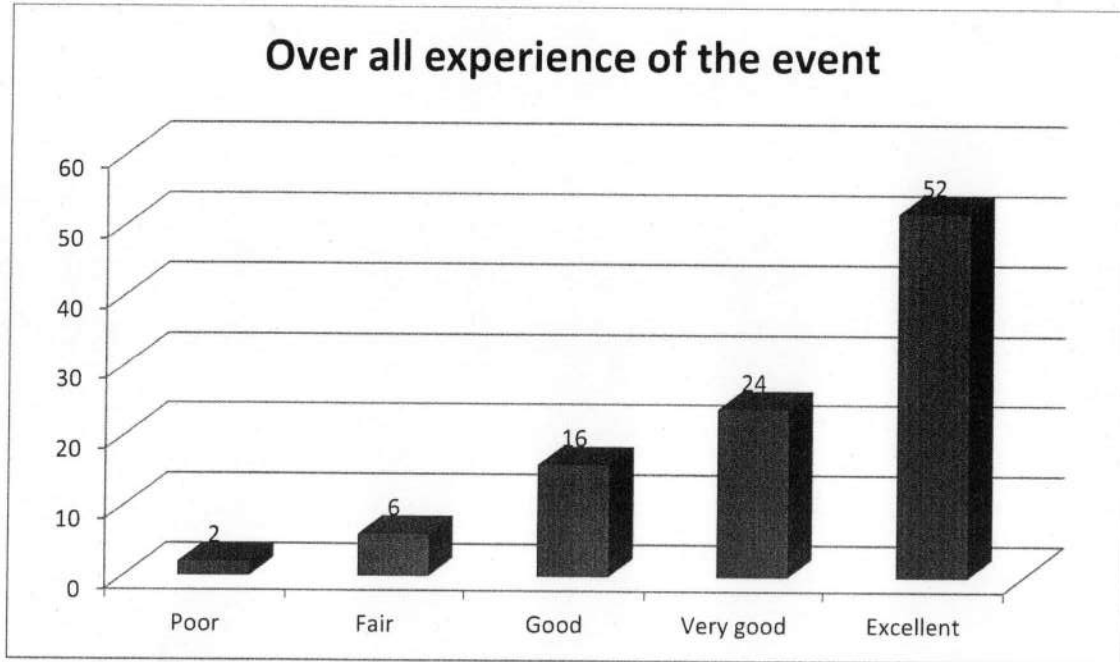
The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Well paced time management of the event

6. Venue facilities of the event



The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Venue facilities of the even

7. Over all experience of the event



The above bar graph represents rating scale of overall assessment of the CNE relatives to the statement of the Overall experience of the event

Glimpse of program.



**MANIKAKA TOPAWALA
INSTITUTE OF NURSING**

A Constitue of CHARUSAT

Organizing

One Day CNE

on

"Standard Safety Precautions"

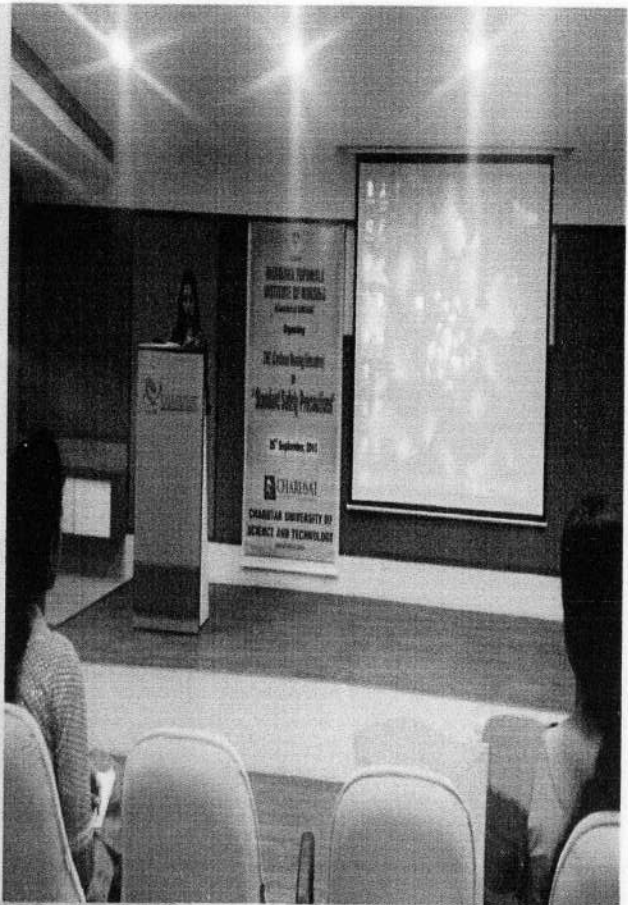
26th September, 2015



CHARUSAT
CHAROTAR UNIVERSITY OF SCIENCE AND TECHNOLOGY

**CHAROTAR UNIVERSITY OF
SCIENCE AND TECHNOLOGY**

CHARUSAT CAMPUS, CHANGA



OBJECTIVES

1. To give an overview of Standardized Safety Precaution as per CDC guidelines.
2. To demonstrate hand hygiene steps and use of personal protective equipments.
3. To highlight on respiratory hygiene in hospital setting.
4. To elaborate on cleaning and disinfection applicable in hospital settings.
5. To discuss the Waste management in hospitals.
6. To acknowledge the guidelines of preventing needle stick and sharps injury with safe injection practice.

AGENDA

TIME	TOPIC	NAME OF RESOURCE PERSON
Registration & Breakfast (8:00 am to 09:30 am)		
9:31 am to 11:00 am	Standardize Safety Precautions Overview With demonstration of Use of Personal Protective Equipment	Dr. Chirag Patel
Tea Break (11:01 am to 11:15 am)		
11:16 am to 12:30 pm	Guidelines for prevention of Needle Stick and sharp Injury and demonstration of safe Injection practice	Dr. Chirag Patel
Lunch (12:30 pm to 01:30 pm)		
1:31 pm to 03:00 pm	Hand Hygiene Practice & Respiratory Hygiene with demonstration	Dr. Jogindravati
Tea Break (03:01 pm to 03:15 pm)		
03:15 pm to 04:30 pm	Cleaning and Disinfection In hospital setting along with waste Management	Ms. Anjali Tiwari




CHARUSAT
 CHARLOTAN UNIVERSITY OF ROBOTICS AND TECHNOLOGY
FOUNDED: 2011 | BANGALORE, K. PUNE | PUNE, K. S.A. INDIA

Registration Fees

Rs. 150/- Per Head
(Students, Nursing Faculty/ Staff Nurses)

Contact for Registration

Mr. Deepak K (9173804844)
Ms. Sanjana Bhatia (9408666122)

Convener

Mr. Anil Sharma (Principal, MTN)

Organizing Secretary

Ms. Deepa Nair (Assistant Professor, MTN)
Mr. Deepak K (Assistant Professor, MTN)

DETAILS OF REGISTRATION INSTITUTE WISE

CNE on : "Standard Safety Precautions" organized by MTIN

Date:26/09/2015

SR NO.	INSTITUTE NAME	TOTAL NO OF ENTRIES	TOTAL AMOUNT
1.	Dinsha Patel College of Nursing, Nadiad (3 rd Year GNM)	34	34x150=5100
2.	Dinsha Patel College of Nursing, Nadiad (2 nd Year B.Sc. Nursing)	23	23x150=3450
3.	Dinsha Patel College of Nursing, Nadiad (3 rd Year B.Sc. Nursing)	40	40x150=6000
4.	Dinsha Patel College of Nursing, Nadiad (4 th Year B.Sc. Nursing)	50	50x150=7500
5.	Mahagujarat Hospital, Nadiad	10	10x150=1500
6.	Muljibhai Patel Urological Hospital, Nadiad	07	07x150=1050
7.	G. H. Patel College of Nursing, Karamsad	29	29x150=4350
8.	Late R. P. Patel College of Nursing, odde	03	03x150=450
9.	Govt. School of Nursing, Nadiad	01	01x150=150
10.	Methodist School of Nursing, Nadiada	02	02x150=300
11.	Charusat Health and Research Foundation, Changa	01	01x150=150
12.	MTIN Alumni students	05	05x150=750
Grand Total			Rs. 30,750

Dr. Anil Sharma

104, Sidhi Dharshan, Near Dolphin Restaurant, Anand Vidyanagar Road, Anand, Gujarat-388001
Office No.02697-265201, Mobile No.+91-8140364743 anilsharma.nur@charusat.ac.in

Education:

- Ph. D. (Nursing) (Clinical Research) 2016
- M.Sc. Nursing (Medical-Surgical Nursing)
- B.Sc. Nursing

Experience:

- Teaching Experience : 16 Years
- Clinical Experience : 1 Years
- Research Experience : 11 years (Guided research project (Completed & Ongoing): 12 UG project, 20 PG project & 6+4 PhD scholar)

Few Activities of Eminence

- Secretary, Nursing Research Society of India (NRSI), 2018-22.
- Joint Secretary Nursing Research Society of India (NRSI), 2014-18.
- Certified Trainer under BNCRP Provider Course Part-I by Indian Academy of Pediatricians
- CHARUSAT IQAC Steering committee member.
- Member in National Editorial Advisory Board of International Journal of Nursing Education (ISSN-0974-9349).
- Editor for International Journal of Cardiovascular Nursing.
- Editor for International Journal for Emergency & Trauma Nursing.
- Member of Editorial board for Journal of Nursing Today (JOLNT) of Greentree Publication and the Journal of Health Informatics for academic year 2016-17
- Board of Studies External Member of MS University, Vadodara, Uka Tarsadia University, Bardoli, and in Sumandeep University, Vadodara.
- PhD examiner at Rajiv Gandhi University of Health Science (INC Consortium), Bangalore, Pravara Institute of Medical Sciences, Loni.

Research Area: Clinical research, epidemiological research & Methodological research

Current Position: Principal at Manikaka Topawala Institute of Nursing, a constituent of Charotar University of Science & Technology (CHARUSAT), Changa, Anand-Gujarat

Research/Technical Publications:

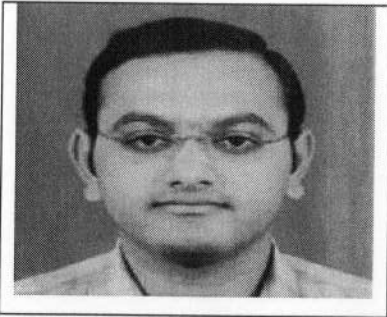
- **Principal Investigator for two ICMR funded Research project.**
- **Principal Investigator for two intramural research project.**
- 15 paper presented in various international, National conferences
- 40 Research paper published in National & International Journals (All In UGC approved/Scopus indexed list)
- Guest speaker in 40 National, Regional workshops, symposium, conferences, seminar, CNE's
- Session Chaired in 5 international conferences
- More than 10 time served as Research paper evaluator for national or international Conferences.



Ms. Anjali Tiwari

- Presently working as Assistant Professor at MTIN, CHARUSAT, Gujarat.
- Pursuing Ph.D in Nursing from CHARUSAT.
- IQAC Co-ordinator for MTIN, CHARUSAT
- Gold medalist and First Rank Holder in M.Sc (N) from KLE University, Belgaum.
- Best outgoing student and rank holder in B.Sc (N) from DSCN, Bangalore.
- Certified Neonatal Emergency Simulation Team Trainer by Neonatal Transfer Service, London, 2016.
- Appointed as ADHOC Gujarat Nursing Council Inspector.
- Appointed by Fortis Healthcare to develop a module related to obstetric care for one year training program entitled- Emergency and Critical care nursing Curriculum for PGCC.
- Invited as Resource Person in various National & state level conferences.
- Editorial Team Member and Reviewer of various National & International Journals.
- Awarded Best Research Poster presentation by SOMI in 2018.
- More than 20 research publications.
- Presently working on a project about Birth Preparedness & Complication Readiness among Antenatal women.

Dr .Chirag Patel



He is currently working as Co-coordinator H ICC .

He also possesses the post of Consultant and tutor Microbiology, P S Medical College and shree Krishna hospital Karam sad.

He is a consultant at Medical College, karam sad A nand, Gujarat, India

He was a lecturer ICRIA Ahmedabad from January to November 2008

He is a life member of Hospital Infection Society of India

He has cleared his clinical Microbiology from the Maharaja Sayajirao University of Baroda Vadodara, Gujarat



MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHAROTAR UNIVERSITY OF SCIENCE
AND TECHNOLOGY (CHARUSAT)

EVENT / ACTIVITY

Poster Exhibition On World Mental Health
Day Celebration- 2015

on
" Myths about Mental illness, Prevention of
Depression & Suicide, Symptoms of Mental
illness, prevention of Mental illness
on 10th Oct, 2015

at
Hospital for Mental Health
Vadodara.

Report submitted on: 15/10/15

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

REPORT

ON

**POSTER EXHIBITION ON WORLD MENTAL HEALTH DAY CELEBRATION-
2015**

Date of activity : 10/10/15

Date of Submission : 15/10/15

Submitted By

Name : Mr. Deepak K

Designation : Assistant Professor cum HOD Mental Health Nursing Department

Department : Mental Health Nursing

Email : deepakk.nur@charusat.ac.in

Endorsed by

Principal

Seal and Signature

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A CONSTITUENT OF CHARUSAT

Index of Extension Activity

Sr. No.	Content
1.	Report of activity
2.	Feedback form and analysis report
3.	Photographs
4.	Content
5.	filled feedback forms

MANIKAKA TOPAWALA INSTITUTE OF NURSING
REPORT ON WORLD MENTAL HEALTH DAY CELEBRATION-2015

DATE: 10/10/2015

VENUE: Hospital for Mental Health, Vadodara.

TIME: 10.00 am

TOPIC OF POSTER EXHIBITION: Myths about mental illness, Prevention of depression and suicide, symptoms of mental illness, prevention of mental illness

ORGANIZED BY: Nursing students

Theme: Dignity in mental health

Objectives of World Mental Health Day Celebration:

It is very essential component of mental health nursing to create awareness among students, staff nurses, patient and other health team members about the mental health and illness.

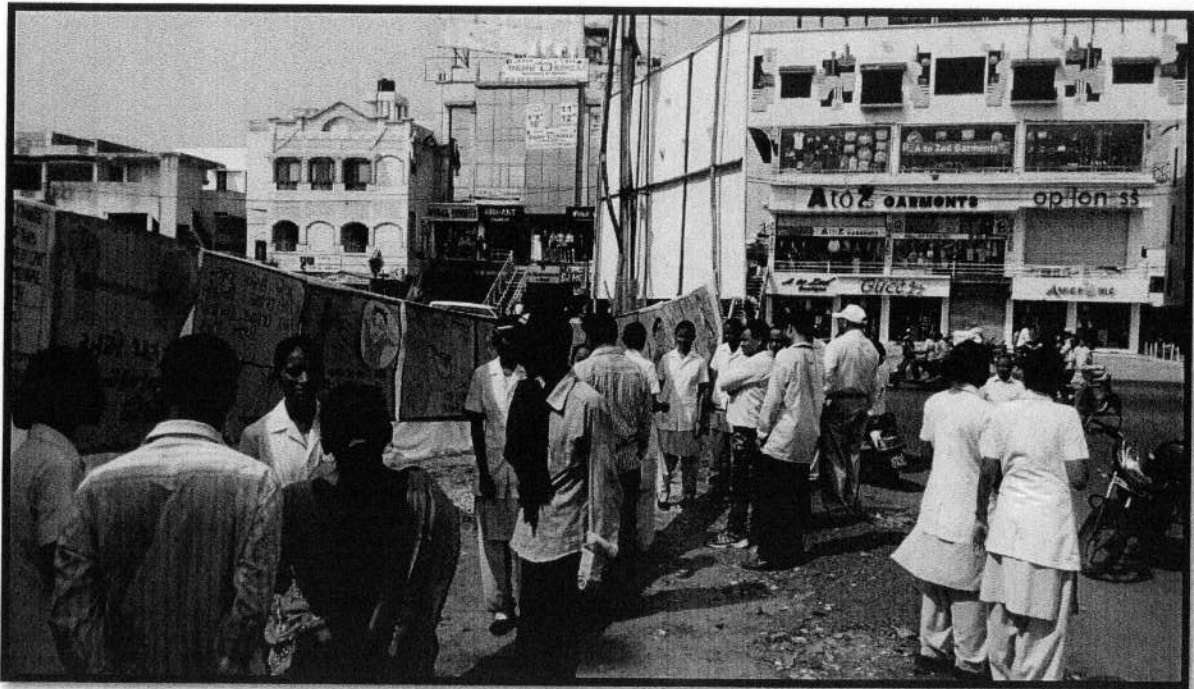
1. To create awareness about the mental disorders among mentally ill patient and family members.
2. To encourage students to organize and participate in different programme.
3. To enhance the knowledge on current issues in mental health nursing.
4. To make awareness about the theme of World Mental Health Day-2015

Thousands of people with mental health conditions around the world are deprived of their human rights. They are not only discriminated against, stigmatized and marginalized but are also subject to emotional and physical abuse in both mental health facilities and the community. Poor quality care due to a lack of qualified health professionals and dilapidated facilities leads to further violations.

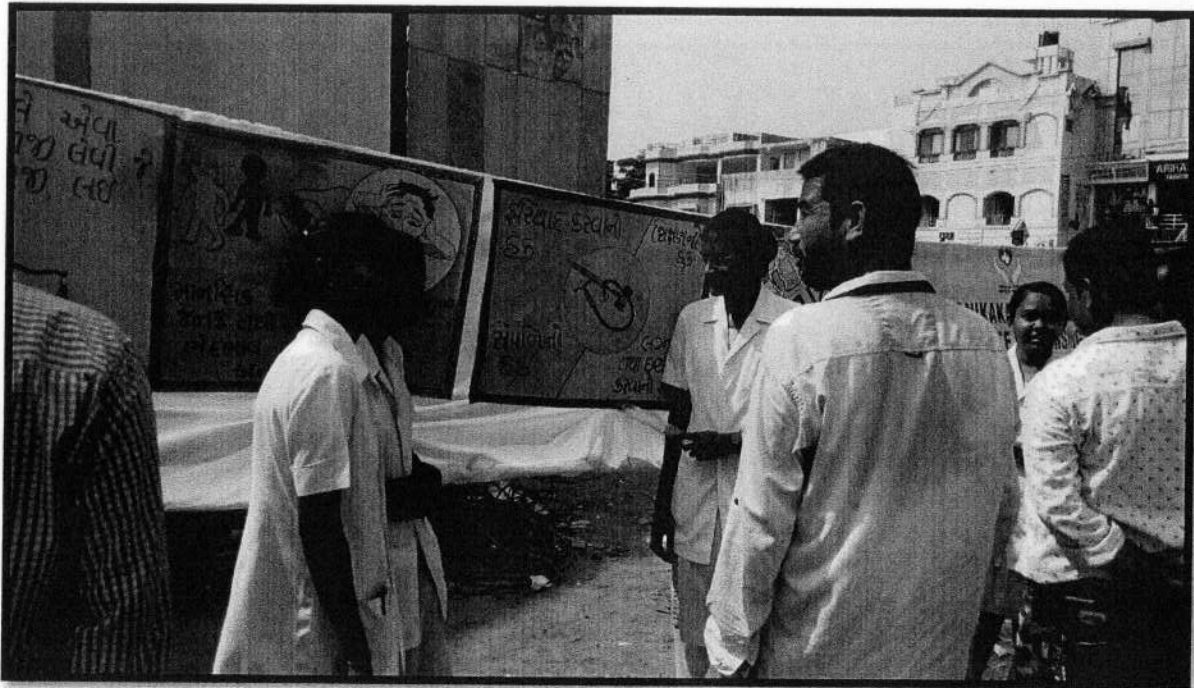
The theme for this year's World Mental Health Day, observed on 10 October, is "Dignity in mental health". This year, World Health Organization will be raising awareness of what can be done to ensure that people with mental health conditions can continue to live with dignity, through human rights oriented policy and law, training of health

professionals, respect for informed consent to treatment, inclusion in decision-making processes, and public information campaigns.

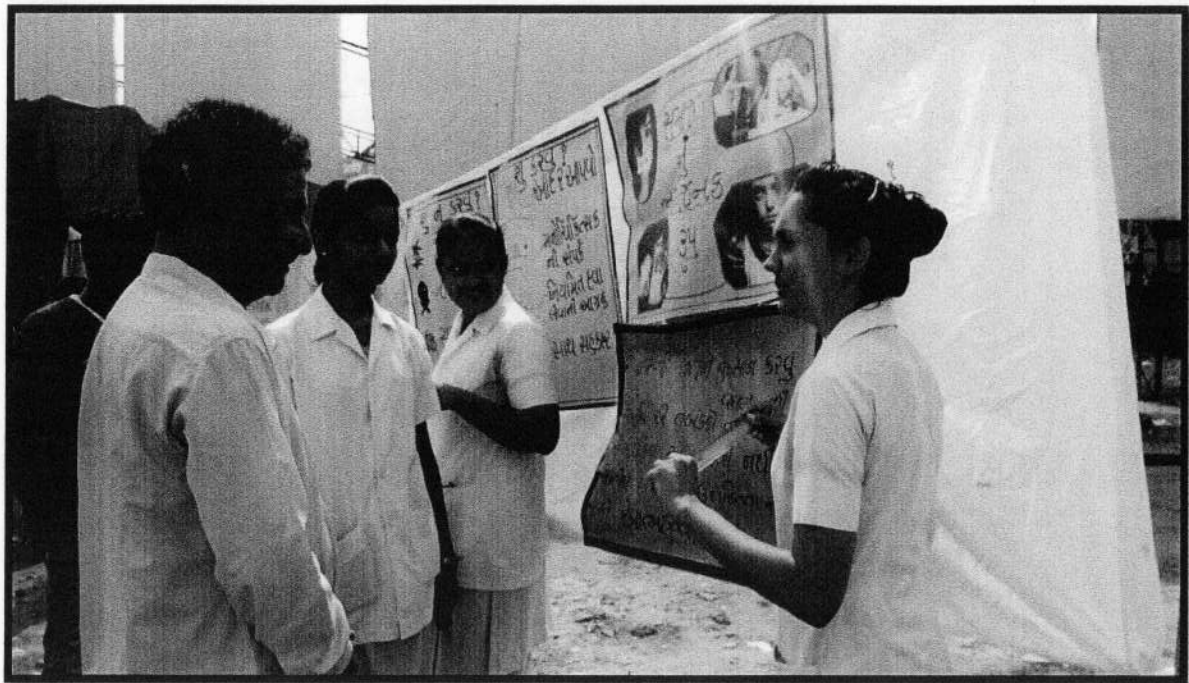
We Manikaka Topawala Institute of Nursing, a constituent of CHARUSAT organized awareness campaign to sensitize the public on the theme Dignity in Mental Health. Our 5th Semester 57 B.Sc. Nursing students under the guidance of faculties have prepared around 15-20 Posters on Myths about mental illness, Prevention of depression and suicide, symptoms of mental illness, prevention of mental illness which were displayed in the circle. Around 500 odd pamphlets were distributed to public to create awareness on "Respect and treat the psychiatric patient with dignity. Very good response was received in terms of appreciation to students from public for the initiative shouldered by the students.



Students explaining to people through posters



Students explaining about mental illness through poster



Students explaining about suicide and its prevention to people through posters



Group of students with faculties

MANIKAKA TOPAWALA INSTITUTE OF NURSING

A constituent of CHARUSAT.

POSTER EXHIBITION

Place: Hospital for Mental Health, Vadodara

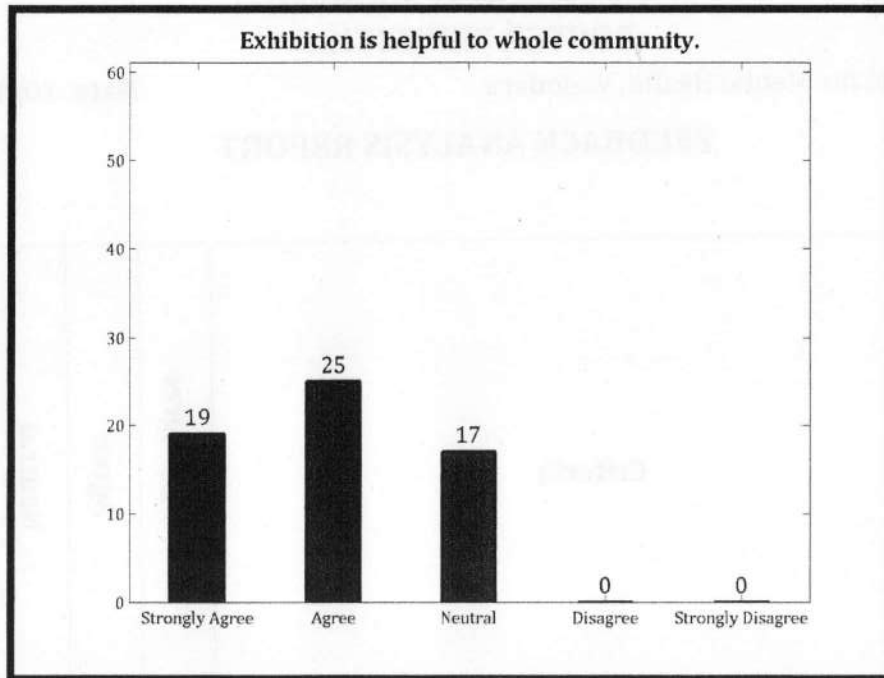
Date: 10/10/15

FEEDBACK ANALYSIS REPORT

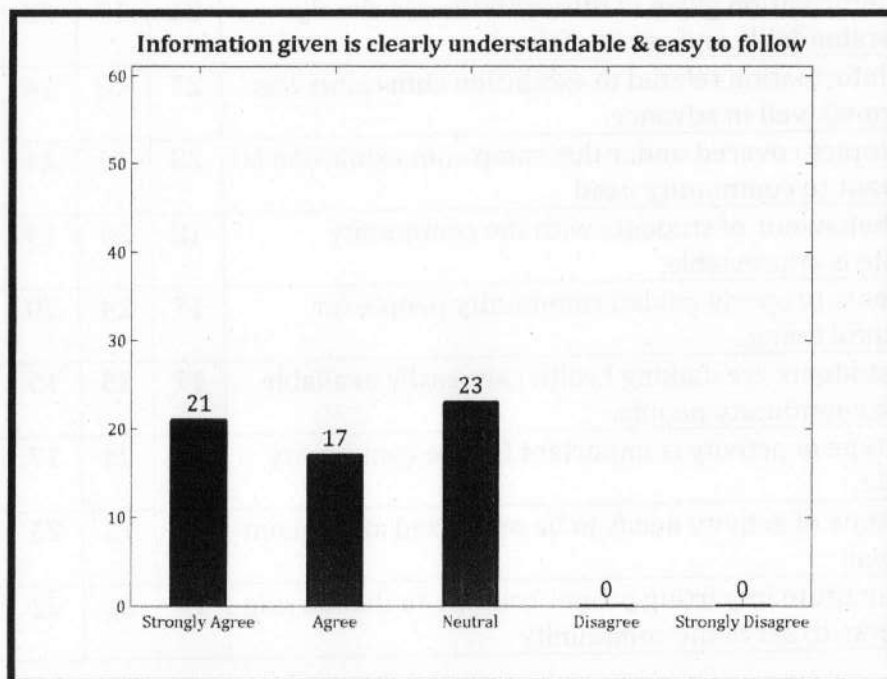
N = 61

Sr. No.	Criteria	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1	This camp cum exhibition is helpful to the whole community	19	25	17	0	0
2	The information given in this exhibition is clearly understandable and easy to follow.	21	17	23	0	0
3	The information related to exhibition cum camp was informed well in advance.	27	18	16	0	0
4	The topics covered under this camp cum exhibition is relevant to community need	23	14	24	0	0
5	The behaviour of students with the community people is appreciable	18	24	19	0	0
6	Students properly guided community people for healthful living.	17	24	20	0	0
7	The students are making health care easily available to the community people.	17	25	19	0	0
8	This type of activity is important for the community people.	20	24	17	0	0
9	This type of activity needs to be organized at frequent interval	21	15	25	0	0
10	The institute imparting proper training to the nursing students to serve the community	17	22	22	0	0

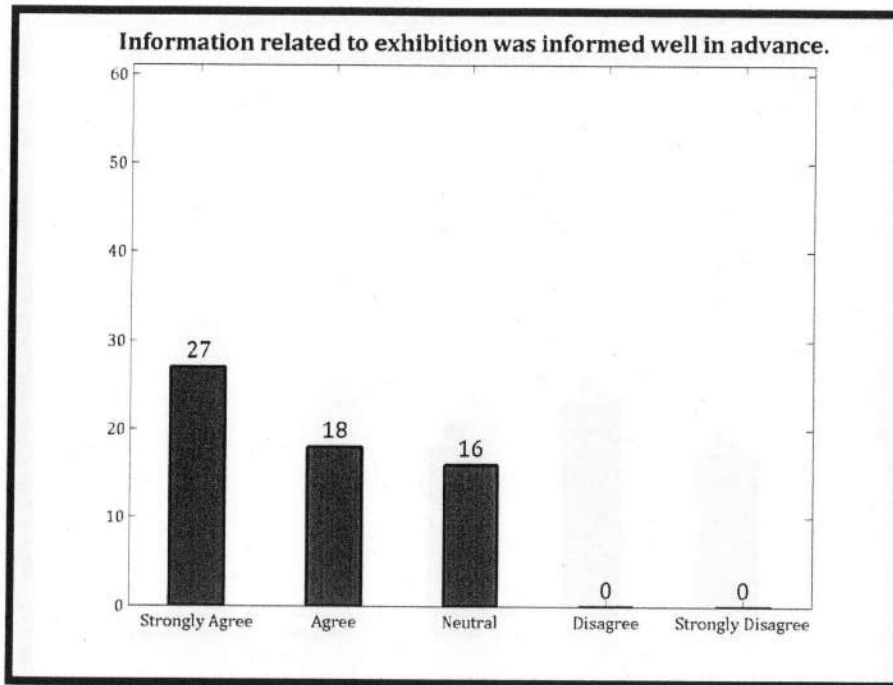
GRAPHICAL PRESENTATION OF FEEDBACK OF POSTER EXHIBITION ON WORLD MENTAL HEALTH DAY CELEBRATION-2015 AT VADODARA



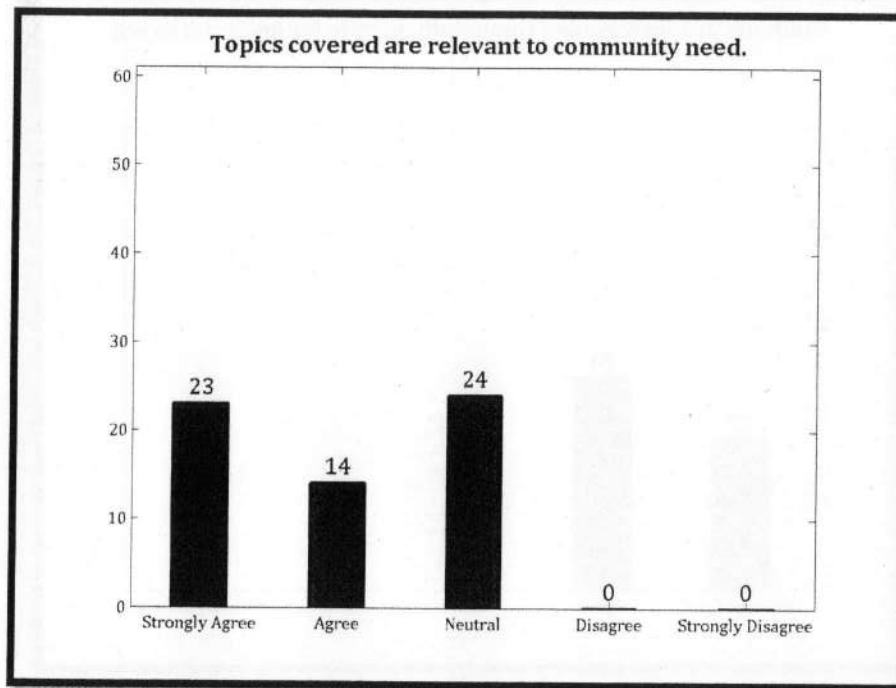
Bar graph 1 showing response of participants to item 1 of feedback form



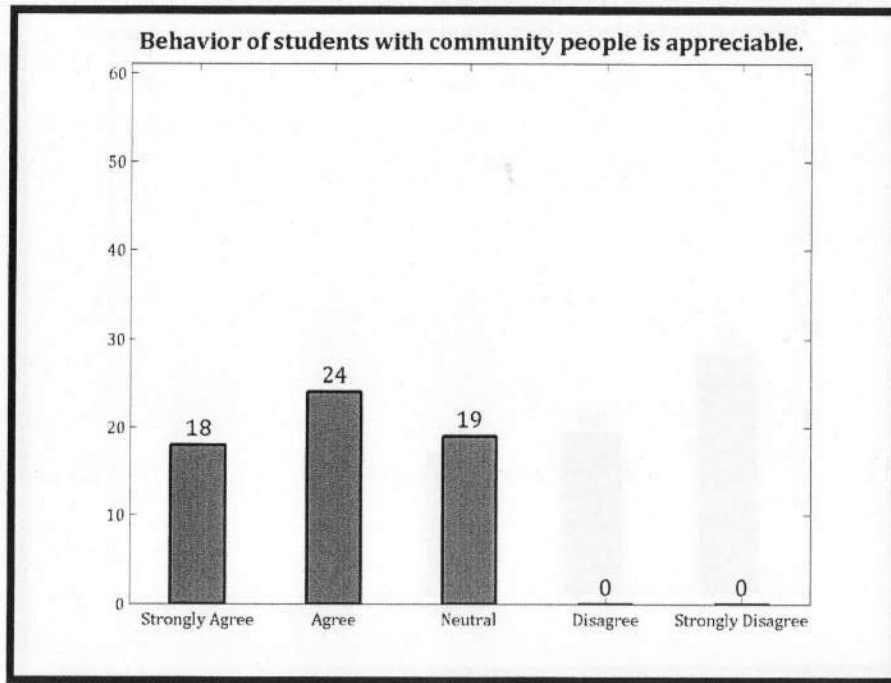
Bar graph 2 showing response of participants to item 2 of feedback form



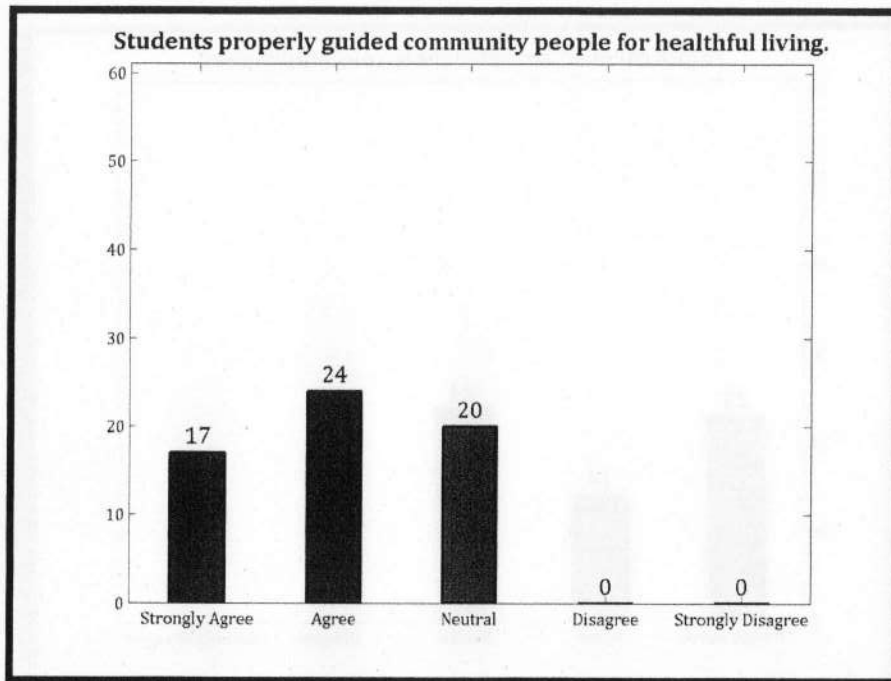
Bar graph 3 showing response of participants to item 3 of feedback form



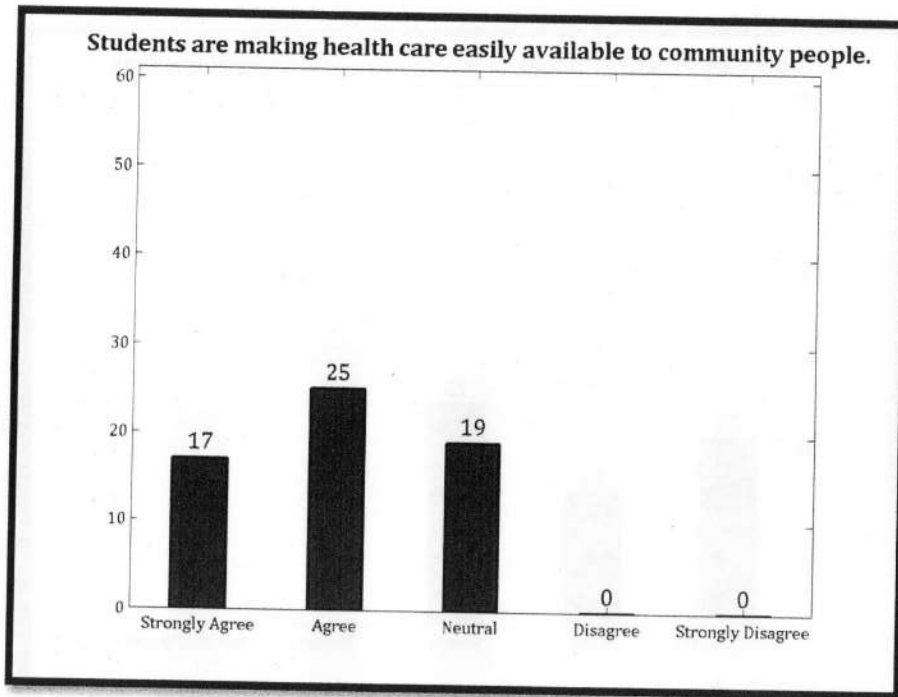
Bar graph 4 showing response of participants to item 4 of feedback form



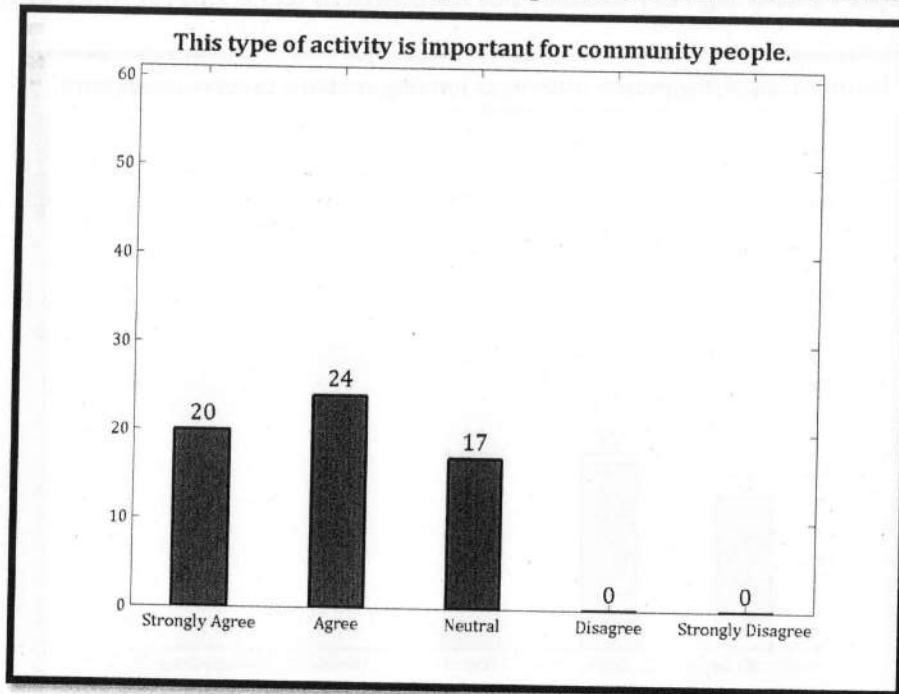
Bar graph 5 showing response of participants to item 5 of feedback form



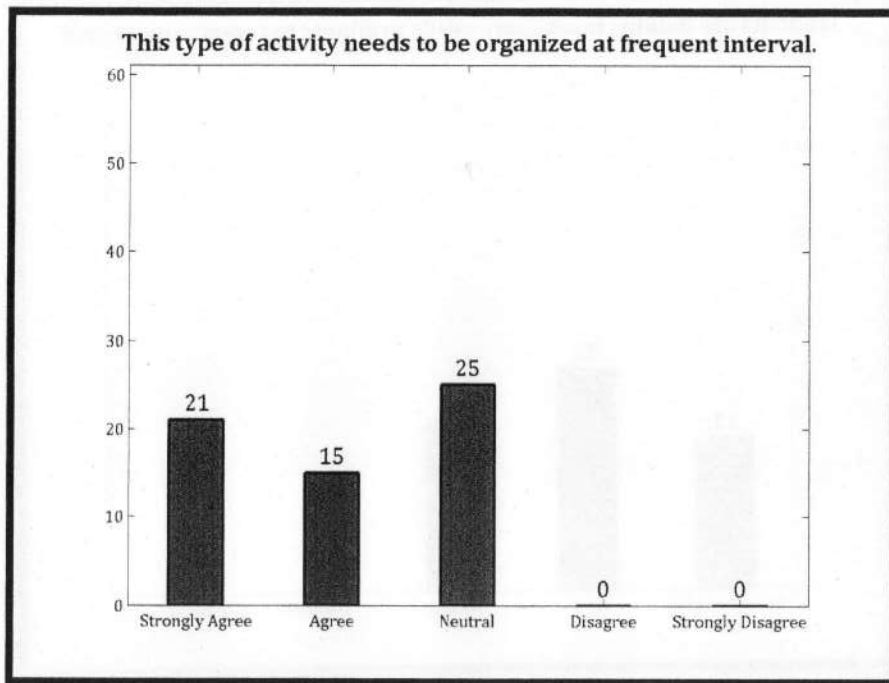
Bar graph 6 showing response of participants to item 6 of feedback form



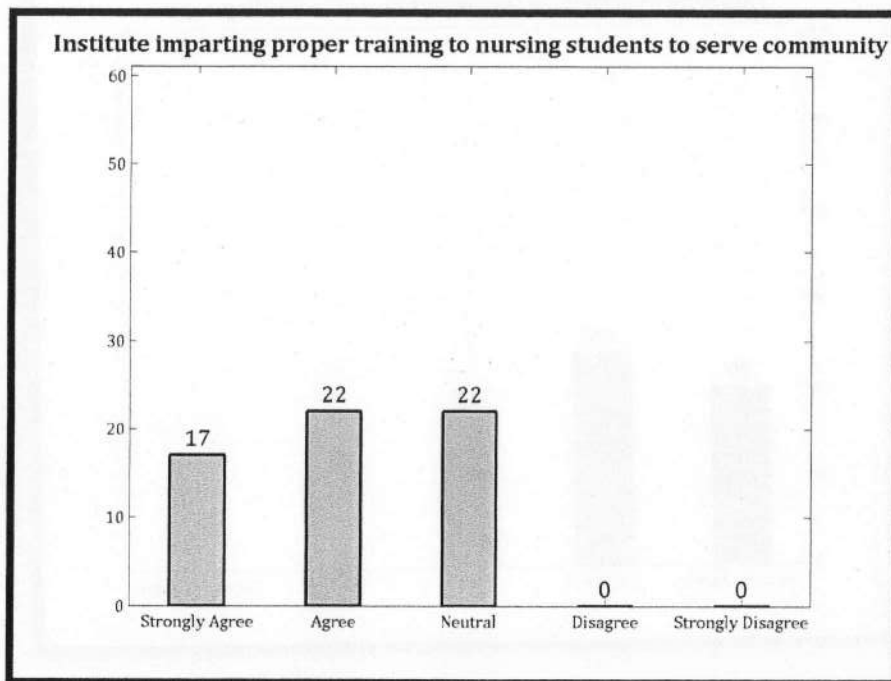
Bar graph 7 showing response of participants to item 7 of feedback form



Bar graph 8 showing response of participants to item 8 of feedback form



Bar graph 9 showing response of participants to item 9 of feedback form



Bar graph 10 showing response of participants to item 10 of feedback form